

# The Wellspring

Love God. Learn God. Serve God. Share God.

**Fuquay-Varina  
United Methodist Church  
June 2011**



This past Sunday our Summer Intern from Duke Divinity School was introduced to the congregation... Emily Knight, a first year student at the Divinity school. She was selected by the Field Education program to work with us for ten weeks (5/22-7/31). The goal of the Field Education program at Duke Divinity School is for students to incorporate what they learn in the classroom into the ministry settings where they serve, and to incorporate what they learn in these settings into the classroom and beyond.

The primary focus of this program is the formation of Master of Divinity students for faithful and effective pastoral ministry. This is achieved as students practice the skills of ministry, spend time discerning God's call upon their life and future vocation, and reflect theologically with an experienced supervisor. Contextual education is most effective when the student is allowed to share in the experience and wisdom of an able supervisor who functions as mentor to the student. In summary, Field Education is a reflective practice with purposeful mentoring that takes in a community of learners. It offers the students a important ministry opportunities and strengthens leadership capacities in faithful service to Christ and His Church.

During her time with us she will have opportunities to work with pastors and program staff.

Emily will be hosted by Brandon and Lisa Schreiner for the summer. I am asking each of you to consider spending some time getting to know her. Her meals are provided during the week but Sundays we need volunteer for lunch and dinner. If you would like to have her in your home and take her out to lunch please contact Linda Bridgers.

Please read the brief bio that follows.  
WELCOME EMILY!

Grace and Peace,  
Pastor Al

## **Introducing...Emily Knight!**

**“God, please put me in places  
where your Spirit is moving.”**

I'm not sure where I first heard that prayer, but I have prayed it more often than I can count—especially since I threw up my hands and accepted that God was calling me into ministry. Me. Chocolate-eating, Scrabble-playing, sings-while-she-cooks, redheaded, 5'2" me. For some reason, God has called me into ministry. It took nearly six years to finally give in to that call and it was another four before I'd admit that my passions fit nicely with pastoral ministry. You see, I find Communion absolutely fascinating! (One loaf, one community, one body, one God!?) And I love how God comes alongside ordinary people and turns them into a diverse community called Church.

There are tons of things I still need to learn and work on—like preaching and taking personal time for Sabbath—but that's why I'm interning at your church this summer. I've heard nothing but good things about FVUMC (Pastor Elaine described you as a “roll up your sleeves congregation”) and I'm wondrously excited to pray, play, worship and (hopefully) even cook with you. I can't wait to hear your stories because it is very clear that God is active and moving in your midst. Thank you for opening your hearts and your doors this summer!

Sincerely,  
Emily Knight

**Quick Bio...** Emily grew up in Daytona Beach Florida (without a tan) and then studied Religion at Florida Southern College where she met her husband Matt. She just finished her first year at Duke Divinity School, loves to hike, and makes up for her terrible lack in athletic skills by baking, playing the oboe, and eating way more ice cream than she should.

# Greetings Friends!

by Rev. Elaine Lilliston

We are officially moving into summer. For some, schedules may shift; our meals may be lighter, fresher and brighter; our activities may vary; and, we may be applying more sunscreen!

It is also a time NOT to screen out the Son! As the temperatures climb, may we increase our awareness of the One who loves us more than we can imagine. May we celebrate the privilege we have been given as commissioned followers of Jesus to be a witness in our homes, neighborhoods and wherever we wander. May we remember we are part of the church...and the church is alive, well and working for good in the world!

In fact, The United Methodist Church has been promoting a "Re-think Church" movement which calls us to ponder, "What if church were a verb?"

On a morning walk recently, I was pondering with amusement the excitement persons are feeling with this question. The Acts 1:8 mission wall has been updated with new pictures, information and reflections. It occurred to me that I have thought that "church" could be several parts of speech. It wasn't until I opened up a dictionary and discovered each of the six references is one reflecting "church" as a noun only. I loved it!

Just think about it...you and I as Christian witnesses in the world today have completely changed the English language to include a very special word in an action oriented way! As the familiar hymn, "We Are the Church" UMH # 558, which began in VBS circles in the early 70s and was claimed by the church proclaims: *"I am the church! You are the church! We are the church together! All who follow Jesus, all around the world! Yes, we're the church together! The church is not a building, the church is not a steeple, the church is not a resting place, the church is a people."*

We are the church kneeling in the garden to weed, harvest and feed the hungry. We are the church cycling through our community raising funds and awareness of needs while taking care of the bodies God has given us. We are the church standing over steamy cooking pots preparing food to be delivered with cheer to area residents. We are the church quietly cleaning out the Centrum chair pockets to ensure distraction free worship. We are the church practicing musical scores so that we might guide the gathered congregation in heart-felt passionate worship. We are the church gently rocking nursery babies; sharing Bible stories with our children; and, helping these children reach out into the world to care for others. We are the church meticulously sailing around our property trimming up the growing areas to ensure a place of beauty, serenity and welcome for others. We are the church committed to responsible caring for our environment; washing Sunday morning mugs/glasses; and, helping one another become wise stewards. We are the church...in motion for the transformation of the world!

As summer is upon us. . .may we ponder, appreciate and even celebrate the privilege we have of being part of an active Body of Christ sharing our faith with others. . .in perhaps new and inviting ways. It is such a privilege to be. . .

Sharing this incredible journey with you,  
Elaine



Bob Sorrels, Rob Lee, Dan Houck, Shirley Baker, André Carson, Lynn Sapp, Venie Weather, Dub Hornsby, Shirley Hicks, Maxine Senter, Eddie Ragan, Joe Weede, Bill Colagiovanni,

Virginia Jones, Vickie Cardin, Kevin & Debbi Braswell, Diane Rubin, Henry Hanmann, Carole Nanzetta, Phil McCray, John & Beth Silveira, Dorothy Herring, PJ Ramsey, Clay King, Ellen Tinsley

# Global Missions

*"Then the King will say to those on his right, 'Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.' "Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?' "The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'*

~Matthew 25:34-40

We are so Blessed with an abundance of Love and Grace from the Father. We are also Blessed by such an abundance of outreach from our congregation to our community, prisons, and the world. Come join us in serving Him by serving the least of these.

Les Page

Mission Coordinator



## **Mission Opportunity: Nov 12-20th**

A women's trip to Costa Rica is being planned for November 12 -20th, 2011. We will be working at an adolescent mothers home and putting on VBS for the local church kids. An informational meeting will be held by Ann Ledford (Trip Leader) on June 5th at Noon in room 117/119.

## **Main Street Kitchen: June 18th**

Only a couple of hours once a month, no commitment is required for being a part of this awesome ministry. Fun, Fellowship and a wonderful time being the hands and feet of Christ. Thanks to all who have and continue to be a part of this ministry, and if you would like to spend a couple hours being blessed, please feel free to contact Paula Cade at 557-4347 with any questions.

## **A Special Invitation!**

Stan Self from the Mission Society will be here June 3-4 (Fri. 7-9, Sat 8-noon) to help in the next stage as we plan **Our Acts 1:8 Celebration** on Feb 24-26, 2012.

## **Kairos Prison Ministry**

Kairos is an interdenominational Christian ministry whose programs are designed to be presented in prison. The ministry is conducted, in cooperation with the chaplains of correctional institutions, by teams of laity and clergy from area churches.

The purpose of Kairos is to establish strong Christian communities among the populations of correctional institutions. Kairos is a ministry of the church ... a ministry of the apostles whom Jesus, has called into community and sent forth into the environment of the correctional institution.

Debra Carver and Annette Hall recently participated in a Kairos weekend at NC Correctional Institute for Women, a maximum security prison. In three days their lives and ours were changed, forgiveness broke forth, healing began and love covered us all. It was indeed God's Special Time!

If you are interested in hearing about this weekend and Kairos you are invited to join the volunteers and community at a Gathering on Friday May 27th at White Plains United Methodist Church in Cary (313 SE Maynard Rd) at 7:30 pm. If you want more information about Kairos feel free to contact Annette Hall, or Keith Strandtman, Dee Keene, Mel Cade, Debra or Jim Carver.

## **F-V Food Pantry Food : Cereals**



Are being requested for the Month of June. Other types of food items are also appreciated, as well as grocery bags. There is a blue collection container in the lobby. *NO Glass containers please!*

# EcoJustice Ministries

## *UMC Social Principles (Part I)*

Begun in 2008, FVUMC's EcoJustice Ministry is an effort to raise awareness and broaden the perspective of stewardship as it relates to spirituality, sustainability and social justice issues. The EcoJustice perspective undertakes projects and initiatives that reinforce the United Methodist's Church's social principles.

Starting today and in the coming months, the UMC Social Principles will be published and reviewed in parts. Our prayer is that all will consider the implications of our witness in the world as it relates to the areas covered in the social principles: [the natural world](#), [the nurturing community](#), [the social community](#), [the economic community](#), [the political community](#), and [the world community](#).

It was not Jesus' nature to remain silent on such matters, and the United Methodist Church has a long history of concern for social justice as well. Its members have often taken forthright positions on controversial issues involving Christian principles. Early Methodists expressed their opposition to the slave trade, to smuggling, and to the cruel treatment of prisoners. The Social Principles are a prayerful and thoughtful effort on the part of the General Conference to speak to the human issues in the contemporary world from a sound biblical and theological foundation as historically demonstrated in United Methodist traditions. They are a call to faithfulness and are intended to be instructive and persuasive in the best of the prophetic spirit; however, they are not church law. The Social Principles are a call to all members of The United Methodist Church to a prayerful, studied dialogue of faith and practice.

### *Preamble*

We, the people called United Methodists, affirm our faith in God our Creator and Father, in Jesus Christ our Savior, and in the Holy Spirit, our Guide and Guard.

We acknowledge our complete dependence upon God in birth, in life, in death, and in life eternal. Secure in God's love, we affirm the goodness of life and confess our many sins against God's will for us as we find it in Jesus Christ. We have not always been faithful stewards of all that has been committed to us by God the Creator. We have been reluctant followers of Jesus Christ in his mission to bring all persons into a community of love. Though called by the Holy Spirit to become new creatures in Christ, we have resisted the further call to become the people of God in our dealings with each other and the earth on which we live.

We pledge to continue to be in respectful conversation with those with whom we differ, to explore the sources of our differences, to honor the sacred worth of all persons as we continue to seek the mind of Christ and to do the will of God in all things.

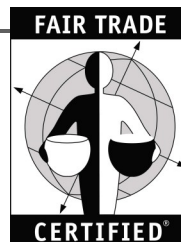
Grateful for God's forgiving love, in which we live and by which we are judged, and affirming our belief in the inestimable worth of each individual, we renew our commitment to become faithful witnesses to the gospel, not alone to the ends of earth, but also to the depths of our common life and work.



*Social Principles of  
The United Methodist Church  
2009-2012*

## ***Many Thanks!***

The first annual spring edition of the Fair Trade Store was a success! Over \$3000 was sold, and patrons had the opportunity to purchase items from artisans, farmers and workers around the world. Fair Trade is a system of exchange that honors producers, communities, consumers, and the environment. It is a model for the global economy rooted in people-to-people connections, justice, and sustainability. When you make Fair Trade purchases you are supporting a fair price for products, investment in people and communities, environmental sustainability, economic empowerment of small scale producers, direct trade, and fair labor conditions. FVUMC works with One World Market in Durham to host the Fair Trade Store. In return, One World Market gives FVUMC 10% of the profits which were donated to the Inter-faith Food Shuttle this year. The Inter-Faith Food Shuttle pioneers innovative, transformative solutions designed to end hunger in the Triangle community. The EcoJustice Ministry would like to thank all the volunteers and patrons who helped and shopped at this year's Fair Trade Store!



# Youth Ministries



## Message from Kevin

"I thank my God every time I remember you" is what Paul wrote in his letter to the Philippians. This is how I feel about all of our youth here at FVUMC. I love getting to know all of you students, and the more I get to know you, I am so impressed by your authentic devotion to our Lord, and your intense desire to love and serve. Please know that I would like to get to know all of you better. You are free to set up a time to meet with me, contact me on Facebook, send me a text or call at 285-8029. It is a joy to work with all of you!

This includes our seniors, who we will miss so dearly as part of our Lifeline ministry. Please remember that an up-to-date calendar can always be found through the church website under the Youth section.

## Youth and Graduation Sunday

*June 5, 9:30 and 10:50 Worship*

Both the 9:30 and 10:50 services on June 5 will be senior recognition services. All seniors should be in cap and gown for these morning services, and it will be a special morning of worship and celebration together. All youth should be here this morning as it's Youth Sunday and we are the worship leaders this day!

## Senior Breakfast

*June 5, 8:00, Rooms 117/119*

All seniors and their parents are invited to a graduation breakfast before the services on June 5. You will receive personal invitations to this event.

## Summer Lifeline:

*Wednesdays from 6:30-8:00, starting June 1*

Our Lifeline meetings this summer will continue on Wednesday nights in the Centrum.

We will gather together as we have during the school year, so mark your calendars! There will be a few nights where we do not meet due to trips going on, but we begin on June 1.

## Summer Mission Days: Tuesdays in the Summer

This summer, we will have opportunities to serve others in local mission opportunities. We will meet on Tuesday afternoons throughout the summer, beginning Tuesday June 14. A schedule will be coming soon.

## Membership and Baptism Class

Please contact Kevin if you are interested in becoming a member of the church, or if you have never been baptized. Kevin will be leading a class so that you can join the church this summer.

## Middle School Mission: Estoy Loco Weekend

*August 5-7, Winston-Salem, NC*

All rising 7th and 8th graders are welcome to join us for a middle school mission opportunity this summer! This is a chance for middle school students to have the experience of a mission trip without it lasting for an entire week. We will leave on Friday August 5 as close to after school as possible from FVUMC. We will return in the early afternoon on Sunday August 7. An information packet will be coming your way in a follow-up email, as well as at Lifeline this Sunday, or on the church website in the youth section.

## Communications

Be on the lookout for Kevin's monthly e-newsletters!

If you are not receiving these, send an email to [kjohnson@fvumc.org](mailto:kjohnson@fvumc.org) so he can put you on the list. Also, be sure to check out the youth section of the website. There are links to newsletters, forms needed for registration, and the officially updated Google Calendar. Finally, become friends with Kevin on Facebook and join the Fuquay-Varina UMC Youth Ministries Facebook page.



# Children's Ministries

## Sunday School...

### a POWERful Experience

This past fall on Promotion Sunday our 10:50 Sunday school made some exciting changes. We knew that what we have always loved about Sunday school is the teaching of Biblical content, interaction among children and adults, and the ways our children feel nurtured. In our new workshop rotational model we have found ways to continue to do these important things even better. Our K-5th graders are engaging in *PowerXpress* curriculum through a variety of learning styles.

Every Sunday children come to their homeroom where their shepherd (teacher) warmly greets them. The class will spend a few minutes sharing life experiences from the week then each group moves to our Gathering Time where we review and focus on the theme or topic of the week. The shepherd will then lead the group to their learning station for the week. Rotational curriculum is exciting for children and their leaders alike, as leaders teach according to their strengths and children experience Bible stories in the ways they learn best. *PowerXpress* is active learning with a focus on spiritual formation. Throughout each unit we use a variety of stations such as; art, creative cookery, games, music/movement, storytelling, science, and video.

If you had walked down the hallway around Easter time you would have noticed one of our classroom doorways decorated to look like the tomb, upon entering the classroom through a box (simulating the tomb entrance) you would have found the room darkened and then heard a dramatic telling called "Jesus Lives!" Also during this time you may have noticed a delicious smell coming from the kitchen where the kids had made "Sweet Surprise Biscuits" while learning about the surprise the women found upon coming to the tomb to prepare Jesus' body for burial. There's also a chance that you have passed by one of our Sunday school rooms to see a group of kids doing what appeared to be a line dance. They were learning about all the wonders of God's creation. It takes many leaders for this *PowerXpress* curriculum to be a powerful learning tool for our children.

The commitment is 3 weeks at a time, planning activities are provided, and supplies can be ready in the room for you on Sunday morning. If you enjoy serving with children and think you'd like to be a part of this rotational opportunity please let me know!

Below I am including a recipe for "Hot Cross Buns" that was used in Creative Cookery during our Lenten unit. The children and leaders truly enjoyed these yummy treats while learning that long ago Christians marked a new loaf of bread with the sign of the cross as a way of blessing the bread and giving thanks to God. May you and your family enjoy the sweetness of God's love!

Joyfully,  
Stephanie

## Hot Cross Buns

### Ingredients:

1 egg white, 6 teaspoons granulated sugar, canned biscuits (large size), cinnamon sugar, raisins, 1 cup confectioners sugar, 2 tablespoons soft margarine, 2 tablespoons milk, 2 forks

### Mix the glaze:

Beat 1 egg white with a fork until bubbles appear. Add 6 teaspoons sugar to the egg white. Set aside to use for glazing buns. (This recipe will make a glaze for twenty buns).

### Prepare the buns:

Place a piece of biscuit dough on a square of wax paper. Flatten the biscuit into a 4 ½ inch circle. Sprinkle the biscuit with cinnamon sugar. Place 10 raisins in the center. Fold the biscuit up around the raisins and pinch the dough closed. Place the biscuit (pinched side down) on a cookie sheet. Paint the bun with glaze mix. Bake in a 350 degree oven until lightly browned (12-15 min.). Cook each bun on a paper plate.

### Decorate the buns:

Using a fork, cream together 1 cup confectioner's sugar and 2 tablespoons soft margarine. Add 2 tablespoons milk and stir until smooth. Spoon mixture into a cake decorating tube. Decorate the bun with two lines to form a cross.

## Register NOW for VBS 2011



...come be a part of

### **“Inside Out and Upside Down on Main Street”**

where Jesus makes a difference every day!

Children 3 years old  
(by May 1st and FULLY potty trained)  
through 5th grade can participate!

New this year...ONE registration form per FAMILY...  
all children may be registered on one form!

Forms are available at the VBS table in the lobby,  
in the church office, or on our website:  
[www.wemakedisciples.org](http://www.wemakedisciples.org)

### **2011 VBS Dates & Times:**

#### *Evening Session*

Sun. June 26-Thurs. June 30  
6:00-8:30pm

Contacts: Heather Layman (567-9383)  
or Lori Jackson (285-3104)

#### *Daytime Session*

Mon. June 27-Fri. July 1  
9:00am - 12:00 noon

Contacts: Marianne Carroll (567-9383)  
or Jen Froning (868-8188)

## **All God’s Children “GAME DAYS”**

### **4th Sunday of each month**

All God’s Special Needs Children Game Day!

If you know someone who may like  
to attend please invite them to  
contact For more information, contact  
Diane Gabry at [ggabry@nc.rr.com](mailto:ggabry@nc.rr.com)



On Sunday mornings  
we have nursery  
available at all three services:

8:15 - one nursery  
(for ages 3 and under)  
9:30 - three nurseries  
(infant, movers, toddlers)  
10:50 - two nurseries  
(infant and toddler)

## **Men’s Ministries**



**F-V UMM**  
**Meet on the**  
**3rd Mondays**

All men are invited to attend the monthly meeting  
on the third Monday at 7:00 Room 126.

To stay in touch, visit our Google Group Site at  
<http://groups.google.com/group/fvumc-um>

### **Ongoing Men’s Ministries**

**Prayer Warriors** meet the third Monday of every  
month, in the Prayer Chapel at 8:30pm for devotion  
and intercessory prayer.

**Men Eager to Serve (METS)** meet on Thursday  
nights from 7-8:30pm in Room 127 for a time of  
service, fellowship, and accountability.



**4th Saturday**  
**Men’s Breakfast**  
**June 25th**

# Women's Ministries

Serve the Lord with all your heart, mind, body & soul

*Women's retreat at FVUMC*

*Saturday, June 25th*

*9:30 am - 3:00 pm*

Debbie McClamroch will deliver our morning message.

We will have small group sessions that you can choose to attend on various topics.

Session Topics Include: Financial Freedom, Meditation and Fasting, Prayer Labyrinth, Spiritual Gifts, Nutrition, Fitness, and Missions

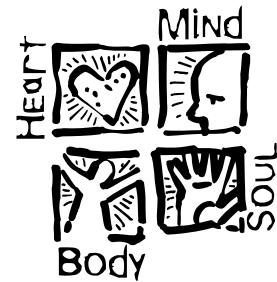
Dress: Casual— Bring your apron if you sign up for the nutrition class & wear comfortable clothing and shoes for the prayer labyrinth and fitness sessions. These are interactive sessions.

As always invite family, friends and neighbors to attend.

Enjoy fellowship, praise & worship. Come and be renewed, refreshed

Tickets: \$10.00 in advance includes lunch.

Women's Ministry T-shirts are available for an additional \$8.00.



## Upcoming Events!

**July 22-23, 2011**

**Beth Moore Living Proof Women's Conference**

Charlotte, NC (7pm Friday thru 12pm Saturday)  
Life Changing Bible Study! Inspiring Worship!  
\$65/person, Group of rooms- reserved through the FVUMC Women's Ministry.

To reserve your spot contact Cathy Vogt at [jakenmorgan@embarqmail.com](mailto:jakenmorgan@embarqmail.com) or 919-607-2150

**August 19-20, 2011**

**Joyce Meyer Live! Raleigh**

Hear the teaching of Joyce Meyer at the RBC Center. Free of charge.

We will try to attend as a group from FVUMC!

More information soon to come.

Questions? Contact Cathy Vogt at

[jakenmorgan@embarqmail.com](mailto:jakenmorgan@embarqmail.com) or 919-607-2150



**Circle of Faith  
June 7th**

*Our meeting date has changed!*

Come join us on the first Tuesday of the Month  
at 10:00am in Room 127.

## 2nd Saturday Women's Breakfast

**Please note:**

There will be no breakfasts in the months of  
June, July, or August!

**Sept 29- Oct 1, 2011**

**Fall Women's Retreat at Teen Valley Ranch**

in the beautiful North Carolina Mountains!

Thurs. evening, thru Sat. 12noon.

More information coming soon!

Contact Cathy Vogt for more information

[jakenmorgan@embarqmail.com](mailto:jakenmorgan@embarqmail.com) or 919-607-2150.

# Music Ministries

## Special Music for Worship

As the summer months approach there will be many opportunities for soloists and ensembles during our worship services. If you have a gift of praise to share, consider making your offering of music during worship. Contact Jennifer Harrenstein, Director of Music Ministries, at [jharrenstein@fvumc.org](mailto:jharrenstein@fvumc.org) or 552-4331 ext. 105 for more information.

## Host Homes Needed

As part of this year's Summer Concert Series, FVUMC will be hosting The Lake Junaluska Singers, an adult vocal ensemble that serves as musical ambassadors for the Southeastern Jurisdiction of the UMC and travels nationally and internationally. The group will be here on Tuesday, July 12 and FVUMC will need to provide host homes for these musicians. As a host, your responsibilities would include providing transportation to your home following the concert Tuesday evening, one night's lodging, breakfast Wednesday morning, and transportation back to the church Wednesday morning. If you have availability to help extend hospitality to one or more members of this group, please contact Jennifer Harrenstein at [jharrenstein@fvumc.org](mailto:jharrenstein@fvumc.org) or 552 - 4331 ext. 105.



## July Steel Drum Workshop

Tagé on Steel will be offering a Steel Drum Workshop on Sat., July 23. The workshop is open to adults and youth ages 10 & up and participants will have the opportunity to learn a piece of music on the steel drums as well as the option to participate on drums in Sunday worship the following day. Two workshop opportunities will be held at 10:00am-12:00pm & 1:00-3:00pm at a cost of \$25.00 per participant. Space is limited to 12 participants per session and will be filled on a first come, first serve basis. For more information or to sign-up to participate, please contact Jennifer Harrenstein, Director of Music Ministries, at 552-4331 ext. 105 or [jharrenstein@fvumc.org](mailto:jharrenstein@fvumc.org).



### Sunday, June 12

*An Evening of Praise & Worship with the FVUMC Praise Team, 5:00 pm*

Join the FVUMC Praise Team for an evening of worship as they share old favorites and new contemporary songs with a message that will speak right to your heart. Come and sing along, or simply enjoy the opportunity to be in the presence of the body of Christ as we lift our voices in praise. *All are welcome, and childcare will be provided.*

### Tuesday, July 12

*The Lake Junaluska Singers in Concert, 7:00 pm*

The Lake Junaluska Singers, directed by [Dr. Melodie Galloway](#), serve as musical ambassadors for the Southeastern Jurisdiction of the United Methodist Church and travel nationally and internationally. This 16-voice ensemble presents concerts throughout the year at the Lake Junaluska Conference and Retreat Center, along with performance tours. Concerts include classical, choral music, spirituals, comedy, and musical theatre. Bringing hope to the world through inspiring music is the primary focus of the Singers' ministry. *Admission is free and open to the public, and childcare will be provided.*

### Sunday, July 24

*Tagé on Steel in Concert, 4:00 pm*

Back for a third year in a row, FVUMC will host Tagé on Steel from the Washington DC area! This group of steel drum musicians will wow and impress you as they offer selections of both sacred and secular tunes on a wide range of steel drum instruments. *Admission is free and open to the public, and childcare will be provided.*

### Sunday, August 7

*One Achord in Concert, 5:00 pm*

FVUMC's own One Achord will present a program of a cappella men's music, and yes, they've got a few tricks up their sleeves! The program will include some traditional a cappella favorites, as well as a few pieces that will get your toes tappin'! There will also be some special songs just for the kids... this is a program the entire family will enjoy. Don't miss an exciting concert of high-quality music from the men's quintet, One Achord! *Admission is free and open to the public, and nursery care will be provided.*



**SCHEDULE**

# Spiritual Formation

## ***Commit to the Experience***

When I reflect on my membership with this Church I immediately come to Disciple Bible Study.

We joined the Church and a few months later I signed up for my first Disciple Class. I was a little scared because I had two year old twins and a four year old at home and I knew I was making a huge commitment. I joked that other than marrying my husband and having children it was the biggest commitment I had ever made. But I must confess, it was a commitment that changed my life. First of all we were new members in the Church and I knew no one. My husband had worked in Fuquay for several years and he knew several people in the Church, but I had always worked in North Raleigh, so I knew no one in Fuquay. So the first benefit I received from Disciple was having eleven people that formed “My Church Family”. These were eleven people that I recognized as I walked down the Church hallways, that were praying for me weekly, and that I had the opportunity to really get to know. We were sharing and growing as Christians as we journeyed through the Bible together. I will tell you that it is hard to spend 34 weeks with someone, praying for them each week and to not form a bond. To this day, I still think of those eleven people as some of the most amazing I have ever known.

The second benefit I received from Disciple is that it required me to read my Bible daily. I had tried on multiple occasions to sit and read the Bible from cover to cover. I would do okay for a while and then something would come up that side tracked me.

It would be sometime before I picked it back up and then the cycle would repeat itself. Knowing that I had eleven people who expected me to come to class prepared each week kept me focused and made me be accountable. I am sure that even if I had read the Bible all by myself that it would not have been the same experience; you need someone to discuss what you are reading. You need someone to say “What does this mean?”, “I don’t understand

this”, or “Why would God do this?” I will tell you that if you have grown up reading or listening to Bible Stories you may think you know them all, but when you read 70% of the Bible in 34 weeks a new story will emerge, a story that I am not sure I would have picked up on if I had read the Bible over a couple of years or even a lifetime. A big picture story comes into focus when you read the Bible in a short period of time. I will also tell you that it is hard to have a really bad day when you are reading scripture. God helps you keep things in perspective if you will just allow him the opportunity. It is also hard to forget that He loves you and cares for you when you read it on a daily basis.

As someone who grew up in Church but not in Bible study, Disciple gave me the confidence to openly discuss the Bible. It gave me confidence to attend Sunday school and to sign up for other Bible Studies. It let me know that it was okay not to know all the answers. Disciple Bible study made my relationship with God much stronger and it really unified me and connected me to this Church.

If you have never taken a Disciple Bible study, I strongly encourage you to give it a try. Yes, it is a commitment, but when you think back over life, isn’t it the things that you worked the hardest for that made you the happiest. If you are someone who walks through the hallways of our Church and wonder where you fit in or why don’t you know more people, or you wonder sometimes if this Church is too big for you, I encourage you to join a Disciple class. Disciple Bible Study has the power to change your life, but you have to open the door and take the first step.

Barbara Patterson  
DISCIPLE 2011-2012 Coordinator



## ***Congratulations to the Entire DISCIPLE Program Graduates of 2011!***

We had a great team of facilitators who dedicated their time and service to enriching the lives of members of our congregation. Thank you to the following facilitators:

### DISCIPLE I

Kenny Cox, Jim DeMaris and Stephen Woods

### DISCIPLE II

Jane Gue and Sharon Midgette

### DISCIPLE III

Craig & Sheri Judd

### DISCIPLE IV

Mel Cade

### CHRISTIAN BELIEVER

Dr. Arthur Wall.

Lives are transformed thru small group studies. The DISCIPLE program ranges from 32-34 weeks of small group study. Please consider the opportunity to learn about the whole biblical story and its connection to YOUR life. DISCIPLE 2011-2012 classes begin the week of August 21, 2011. Registration will begin in July. Please stop by the DISCIPLE display in the lobby.

*If you make my word your home you will indeed be my disciples. ~John 8:31 (NJB)*

“In this verse Jesus issues a challenge to all those who would be his disciples: take up residence in my teachings he says, spend time with me he says, long enough to feel at home with me nothing less will do. But with this challenge, Jesus also includes a promise to make a home in his word he says is to find a home in his way. Disciple Bible study offers individuals

and congregations that same kind of challenge and promise. The challenge is to see the regular in depth study of scripture designed to develop biblically nourished persons committed to discipleship as the foundation for all congregational ministry. The promise is that to all who come to scripture allowing it to have its say, will with the aid of the Holy Spirit experience a power that changes priorities and redirects lives. Transformation is central to the challenge and the promise of making DISCIPLE. Bible Study the starting point for ministry.”

*Source, Video promo 2005 Abington Press*

### **2011 DISCIPLE Program Graduates**

#### DISCIPLE I

Greg Brown, Tara Colagiovanni, Cheryl Giles,  
Patti Horan, Anthony Kiaski, Ken Nearhoff,  
Jon Patterson, Drew Williams, Stephen Woods

#### DISCIPLE II

Rhonda Bethea, Mike Chavis, Pat Chavis,  
Penny Downey, Jane Gue,  
Annette Hall, Dave Sapp

#### DISCIPLE III

Sue Hagan, Jimmie Shuler, Susan Uno

#### DISCIPLE IV

Vicki Cardin, Leila Hartman, Shirley Miller,  
Karen Page, Les Page, Thearon Willis

#### CHRISTIAN BELIEVER

Nancy Almon, Laura Beard, Mark Bethea,  
Mary Kay Davis, Dick Kuhn, Joan Kuhn,  
Pam Naugle, Rich Naugle

**DISCIPLE**  
  
BECOMING DISCIPLES  
THROUGH BIBLE STUDY



### ***NEW! Upper Room Bible Study***

The Upper Room Bible Study class is for the beginning, novice Bible study student as well as the more experienced students of God's Word. Kicking off on Sunday June 5th at 9:30 am, this Bible study will focus on the Upper Room Scripture selection and commentary for each Sunday. It only takes about 20 minutes a week to prepare and if you miss a lesson it's no big deal because each lesson is totally different. Please feel free to come and join us. For those of you that have recently been through our Connectings classes this is an easy way to meet new people and get a feel for a short-term Bible Study for the future. Blessings and God's Grace to All.  
Facilitator, Craig Judd Room 117 Beginning 6/5/11 9:30 - ongoing.

# Our Life In Community

## *FYI Update*

The Fuquay-Varina Youth Initiative, Inc., an after school hours community center approach to providing positive youth development experiences for middle school-aged youth, has been housed at Casa Blanca for the past twelve years.

“As difficult as it is, we (the FYI Board) regret that we feel it is fiscally responsible to end the current FYI program in order to better serve the needs of our youth.” A transitional team is emerging within our community to ensure the voices and needs of youth are met in diverse and sustainable ways in partnership with the Town of Fuquay-Varina.

We rejoice that the church has been and continues to be a witness in the community. One FYI board member wanted to ensure a message of thanksgiving and appreciation for the involvement of F-VUMC was expressed to our membership. F-VUMC has been an incredible community partner reaching out in faith and amazing others along the way! We’ve been asked to pray for our partners; have experienced two board members making decisions to be Ordained; have seen lines of distinction dissolving as youthful friendships have been created out of dissention; and, have heard bright testimonies along the way. F-V UMC joined with Wake County Human Services through 4 H Youth Development and United Way of the Greater Triangle as primary partners in conjunction with area residents, business leaders and civic groups to create a marvelous entity that stood in the gap until additional services for our youth could be in place within our community.

THANK YOU, F-V UMC, for faithfully following the “Hand of God” which Led us into this adventure and is continuing to open doors of possibilities for the future. Together, we have impacted the lives of more than 1000 youth and made a difference in our community as a Christian witness in the world.

## *PrimeTimers*

Tuesday, June 21

A cook out at Faith & Ed Owens home at 10:00am. Starting our fun by sharing memories about our Fathers or other important men in our lives. Bring pictures, medals, tools, etc. about these men. Then we will have a cook out lunch. Call Debbie Corr 557-7437 to sign-up for food that you can bring or for directions.



## *The Scoop on Safe Sanctuaries...*

FVUMC desires to do what we can to protect the children and students who participate in the life of this congregation. We want to be taking the steps that will make FVUMC a safe place for everyone who steps through our doors.

According to our NC Conference guidelines our Safe Sanctuaries certification is good for 5 years so 2011 is a renewal year for those people who received their initial training in 2007. This will be our first renewal cycle and to meet the need we will be offering Safe Sanctuary training every month for the remainder of 2011.

We have made changes to our policy in order to ensure that we have the best practices and policies in place. The training is usually conducted on Sundays after both 9:30 & 10:50 services.

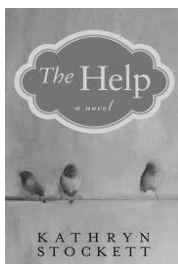


***Our next training will be Sunday, June 12th.***

We would invite anyone who is volunteering or would like to volunteer with children or youth to attend. Denise Frie will be going over our Safe Sanctuary policies and procedures, taking pictures for ID badges, and collecting paperwork for a background check. If you have specific questions regarding the training or if you are up for renewal please contact Stephanie Weeks at 552-4331 Ext. 113 or [sweeks@fvumc.org](mailto:sweeks@fvumc.org).

## June Book Club

*The Help* by Kathryn Stockett  
(Amy Einhorn Books/Putnam, 2009)



What perfect timing for this optimistic, uplifting debut novel set during the nascent civil rights movement in Jackson, Miss., where black women were trusted to raise white children but not to polish the household silver. Eugenia Skeeter Phelan is just home from college in 1962, and, anxious to become a writer, is advised to hone her chops by writing about what disturbs you. The budding social activist begins to collect the stories of the black women on whom the country club sets relies and mistrusts enlisting the help of Aibileen, a maid who's raised 17 children, and Aibileen's best friend Minny, who's found herself unemployed more than a few times after mouthing off to her white employers. The book Skeeter puts together based on their stories is scathing and shocking, bringing pride and hope to the black community, while giving Skeeter the courage to break down her personal boundaries and pursue her dreams. Assured and layered, full of heart and history, this one has bestseller written all over it.

To join the dinner and discussion on Friday, June 17th, contact Judy Casper at [jacasper@earthlink.net](mailto:jacasper@earthlink.net) or Matilda Storm at [matildastorm@embarqmail.com](mailto:matildastorm@embarqmail.com)

## A Final Resting Place

Are you planning on cremation for your end of life? Where will your cremated remains be placed?

Would you be interested in the development of a Memorial Garden with a Columbarium on our church property? The thought is that the cost of construction and maintenance would be covered by the purchase of niches for inurnment of cremated remains. If you have planned; considered cremation and have an interest in a Columbarium, or have questions, please contact David Jenkins at (919) 810-9975 or Jim Dewey at (919) 577-0197.



**FVUMC RECYCLES!**



## Become a Member

*A community of love and togetherness,  
The garden family welcomes you!*

For more information,  
contact Joy Brown at 557-5954 or [admin@covenantcommunitygarden.org](mailto:admin@covenantcommunitygarden.org)



## Hear this Good News!

As Christians most of us feel that we have resistance to the tribulations that happen to others. So when we are faced with tribulations, well, we are usually overwhelmed and question God. At least that is the way it is with me. I feel that I should be protected from the sorrows, pain, death and all the other horrible unmentionables.



Hear this Good News!

*These things I have spoken to you, that in Me you may have Peace. In the world you will have tribulation; but be of good cheer, I have overcome the world. -John 16:33 (NKJV)*

If you research "tribulation" in the Bible you will find God's message in it. It is not that we are immune to it, but we are certainly comforted in it. We may not be invulnerable to tribulation, but we can have Peace in it! God has given us Peace! And we can use the Peace to help others in their tribulations!

### Comfort in Suffering

*Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our tribulation, that we may be able to comfort those who are in any trouble, with the comfort with which we ourselves are comforted by God. For as the sufferings of Christ abound in us, so our consolation also abounds through Christ. -2 Corinthians 1:3-5 (NKJV)*

Stephen Ministers are comforters and we are available any time, even now!

Susanne Young 552-7503 Polly Sheets 552-5035  
Bob Sorrels 552-0505 Thearon Willis 820-1845  
Mel Cade 557-4347



Dear FVUMC Members and Friends:

On Sunday, May 8, 2011, we had an opportunity to hear a Ministry Moment by leaders of our church who have spent a number of hours gathering data on the history of our church, and prayerfully determining where our mission is taking our church.

We learned that our church began October 1903 with 17 members and this building still stands on South Main Street. We grew to 200 members and moved to North Main Street in the early 1930s during the Great Depression. We expanded the building with an educational wing in the 1950s and with a fellowship hall in the 1980s. We grew to 1200 members and moved to our current location on July 11, 1999. We started worship on Main Street, gathered items from the service (such as the candle holders on the Communion table), walked to our current building in the rain and ended worship here in the Centrum at 100 S. Judd Parkway.

As our mission grew to our current location, we incurred debit of \$4,300,000.00. The balance of that obligation as of May 5, 2011 was \$786,390.19. Our current loan is due September 1, 2011 and the interest rate is 1.60%. The group of members that met has done some research and has reason to believe that if we are forced to refinance the remaining debt, our interest rate could quadruple.

We are asking for your continued prayers and commitment as we take this **Leap of Faith** to pay off our mortgage debt by September 1, 2011. We know that \$786,000 is a large number, but we have 700 families in the church to help with this task. This commitment is above and beyond our normal tithes/offering.

We certainly understand that with these economic times that this can be a challenging task. Please read:

2 Corinthians 8:11-12

*Now finish the work, so that your eager willingness to do it may be matched by your completion of it, according to your means. For if the willingness is there, the gift is acceptable according to what one has, not according to what he does not have.*

2 Corinthians 9:10-11

*Now he who supplies seed to the sower and bread for food will also supply and increase your store of seed and will enlarge the harvest of your righteousness. You will be made rich in every way so that you can be generous on every occasion, and through us your generosity will result in Thanksgiving to God.*

As we heard during the ministry moment, *all things are possible through God*, even this **Leap of Faith**.

We are pleased to give *Thanks to God from whom all blessings flow*. As if May 15th, we have received \$9,407.50 toward the mortgage debt. Our current balance is \$776,983.66. We have also received \$50,000 in pledges from members of the Church Council. To ensure your contribution is coded correctly to the Mortgage Debt, please note on the memo line of your check, Leap of Faith, Mortgage Debt or Building.

Again, thank you for your prayers and commitment as our mission continues to grow at FVUMC.

Eric L. Coates  
Finance Chair

## Centrum Chair Team

On the first and third weeks of each month, teams cheerfully clean out & re-stock the pockets of our Centrum chairs. Please feel welcome to contact one of our helpers to join the experience or Pastor Elaine to become part of a team on the second or fourth weeks. Serving on the first week are Ginny Rathburn and Lyn Matthews while Mona & Jerry Rodgers and Sharon Preston serve on the third week. These teams of two or three persons sharing about 90 minutes once a month are making a HUGE difference! THANK YOU!



## Rain Barrels for Sale

Whether it's watering your garden or washing your car, a rain barrel is a great way to help conserve water (and money) which is good stewardship all around. The EcoJustice Ministry is selling rain barrels on a pre-order basis. You order one; we make it. Upon completion, you purchase it for \$50. Proceeds support projects that demonstrate love of God and neighbor in alignment with the UMC social principles and in keeping with the mission of the EcoJustice Ministry.

For more information or to order a rain barrel, contact Tammie Quick at [tlquick@gmail.com](mailto:tlquick@gmail.com) or 557-2131.



## UMC Peace with Justice Sunday, June 19th

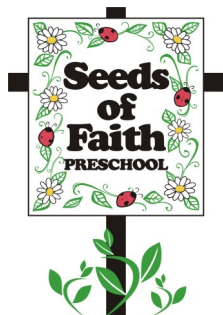
Peace with Justice Sunday is one of the six church wide Special Sundays of The United Methodist Church. The day witnesses to God's demand for a faithful, just, disarmed and secure world. Peace with Justice Sunday is observed on the first Sunday after Pentecost, which this year will be June 19th.



Through the special collections on Peace with Justice Sunday, the United Methodist Church has given a voice to global programs that advocate for peace and justice through a broad spectrum of initiatives such as the Ohio-based Faith Communities Uniting for Peace encourages Christians, Buddhists, Hindus, Jews, Muslims and Sikhs "to live from a vision of peace rooted in faith. In Liberia—in partnership with other religious and humanitarian groups, The United Methodist Church provides a place for former child soldiers to live, recreational activities to address war trauma, and necessities such as fresh drinking water and medical treatment.

### Preschool Happenings

It's June? What happened to the school year? I say this every year at this time, as always I cannot believe it's summer & I can't believe another group of 5 year olds have graduated & will be going to Kindergarten. We are elated in their growth, but sad to see them go. For me summer is a time of rejuvenation!



A time to SIMPLIFY & SLOW DOWN.

A time to spend more time with my family as my children continue their growth & movement into the adult world. A time to appreciate all that God has given us forever & ever.

Take time this summer to just be with your family & with God in a slow down, simplified manner, because it all goes too fast.

Blessings,  
Ms. Lynne

### Mom's Prayer & Play Group

#### 3rd Saturday Monthly

from 10:00 -11:00 am Room 213 on the Children's wing. A special time to celebrate Motherhood and offer up prayers of thanksgiving. Specifically designed for Mom's with children ages 6 & under. For more information please contact Lisa Brinkerhoff at [lbrinkerhoff@hotmail.com](mailto:lbrinkerhoff@hotmail.com)

There is power in praying together and offering support to one another.



### Hedge Ministry Team

Every Sunday someone is praying during every worship service, for everyone in those services, the message being given, and for God to bless and guide each person in their Christian journey. This is the powerful "Hedge" prayer ministry. To serve in this way, call Linda Bridgers at 567-8908.



#### June 5

Glenn & Joann Myers(8:15)  
Linda Bridgers (9:30)  
Mary Rose (10:50)

#### June 12

Glenn & Joann Myers(8:15)  
Don Reeves (9:30)  
Jim Casper (10:50)

#### June 19

Glenn & Joann Myers(8:15)  
Janice Fain (9:30)  
Susan Smith (10:50)

#### June 26

Available (8:15)  
Jean Fox (9:30)  
Stacey Beard (10:50)

Visit the North Carolina Conference of the United Methodist Church at <http://nccumc.org> and learn more about what the UMC is doing!

# The Wellspring

Fuquay-Varina United Methodist Church

*Love God. Learn God. Serve God. Share God.*

919-552-4331

[www.WeMakeDisciples.org](http://www.WeMakeDisciples.org)

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## Guest Speaker - June 19th

In honor of Peace with Justice Sunday, FVUMC is privileged to have guest speaker:

**Jonathan Wilson-Hartgrove**

deliver our message at all three services!

Jonathon is an author, New Monastic, and sought-after speaker. A native of North Carolina, he is a graduate of Eastern University and Duke Divinity School.

Jonathan is an Associate Minister at the historically black St. John's Baptist Church, and is engaged in peacemaking and reconciliation efforts in Durham, NC. The Rutba House, where Jonathan lives with his family and other friends, is a new monastic community that prays, eats, and lives together, welcoming neighbors and the homeless.

Jonathan also directs the School for Conversion, a nonprofit organization that works to foster community and form people in the way of Jesus. From youth work on the streets of Walltown to adult education in

NC prisons to seminars in new monastic communities around the country, School for Conversion works to water the seeds of a new creation that is already being born.

Jonathan is also Editor of the *New Monastic Library Series* (Cascade Books) and Associate Editor of the *Resources for Reconciliation Series* (InterVarsity Press).

An evangelical who connects with the broad Christian tradition and its monastic witnesses, Jonathan is a leader in the New Monasticism movement. He speaks often about emerging Christianity to churches and conferences across the denominational spectrum and has given lectures at dozens of universities. Writing as both a grassroots intellectual and popular theologian, Jonathan connects with a broad audience, engaging them personally on a wide spectrum of challenges facing the church today.

**Come hear Jonathon  
on June 19th!**

