

The Wellspring

Fuquay-Varina
United Methodist Church
October 2011

Love God. Learn God. Serve God. Share God.

Brothers and Sisters in Christ,

Our congregation is starting something I'm very excited about - a six-week study called Transformed Living. If you've been out of town and don't know anything about this church-wide study, or if you know about it but haven't yet signed up to be part of a small study group, I want to encourage you that it isn't too late.

Please join us in reading this book and participate in the Sunday school or small group discussions about its topics. We want all of us on the same page—so to speak—and learning and discussing the same material. You will have insights on these treasures that no one else will have, and we need those unique insights. So if you haven't picked up a copy of the book, call the church office. And jump in.

I will be preaching a sermon series entitled, *Transformed Living*, which centers around our study together, as outlined below. Please be in prayer for our study together.

Sincerely,
Pastor Al



October 2
Priming the Pump
Scripture: John 4:1-18

Focus: Assessing where we are in our faith journey and how we open ourselves to experience the fullness of “living water” offered by Jesus which satisfies our thirst.

October 9
Drawing Water
Scripture: John 15:5

I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. -John 15:5 NLT

Focus: Drawing that “living water” through prayer that is confessional, conversational and consistent.

October 16
Jumping in with Both Feet
Scripture: Romans 12:5

Since we are all one body in Christ, we belong to each other, and each of us needs all the others -Rom. 12:5 NLT

Focus: The importance of every member being present to encourage and support one another and fulfill his or her unique role in the body of Christ.

October 23
Pennies in the Fountain
Scripture: Psalm 116:12

What can I offer the Lord for all he has done for me? -Psalm 116:12 NLT

Focus: How can you give to the church in the face of uncertain economic times? We'll take a look at giving in freedom from financial fear.

October 30
Offering a Drink to Others
Scripture: Matthew 20:28

I, the Son of Man, came here not to be served but to serve others, and to give my life as a ransom for many -Matt. 20:28 NLT

Focus: We explore our vision to “Serve God” - why we serve, where we serve and how we serve.

November 6
Filling the Bucket to Overflowing
Scripture: Colossians 2:6-7

And now, just as you accepted Christ Jesus as your Lord, you must continue to live in obedience to him. Let your roots grow down into him and draw up nourishment from him, so you will grow in faith, strong and vigorous in the truth you were taught. Let your lives overflow with thanksgiving for all he has done. -Colossians 2:6-7 NLT

Focus: How do I make a commitment to God without reservation? It's a matter of establishing priorities, making sacrifices, planning ahead, making choices and staying the course.

Small Group Studies

Small group study and discussions are available at the following times so find a time that's right for you and get plugged in.

Studies begin September 29:

Thursdays

6:00 am (Women's group)
6:00 pm (Praise Team)

Sundays

9:30 am & 10:50 am
4:45 pm & 6:30 pm

Numerous Sunday school classes and small groups

Wednesdays

9:30 am

Mondays

6:15 am
7:00 pm

Sign-ups are available in the church lobby so that you can pick up your books and get ready as we dive in to this study together.

Greetings Friends!

by Rev. Elaine Lilliston

Greetings Friends,

For many years, my favorite flower was a dandelion! I loved the way they pop up in the spring; add bright color to the greening winter grass; and, as an added bonus have that marvelous top just ready to catch the wind or a child's blowing glee to spread more joy somewhere else. However, in recent years the pole position flower in my book just may be a Vinca! Amazingly, the "little bright eyes" thrive even in the midst of sweltering summer days and somehow manage to grow prolifically in our sidewalk and driveway cracks!!! Resistant colorful flowers that take the heat; stand up to unfavorable conditions (and, my lack of gardening effort); and, keep on blooming even as they disburse tiny seeds for next spring's growth as volunteers.

Vincas are a lot like Christians! We are Called to be in the world but not of the world. We interact with and respect persons who may not share our faith/value system and realize our faith is stronger than our fear. We can "think and let think" as John Wesley was known to believe. When the heat is on and we are challenged by life. . .we are able to draw deeply from our faith within and persevere. We don't have to hammer our thoughts or opinions on someone else's soul or try to force our way into another's heart or mind. We serenely bloom; thrive; and, grow! The closer we draw to the heart of God...the more we want to learn, serve and share God with others. It really is what being a Christian witness in the world is all about!

I'm continually amazed at the energy this church family shares with others. Since Irene, we have had persons taking vacation days off work to travel to the coast to be a Thanksgiving feast for area mosquitoes; to sleep on uncomfortable cots away from TV, recreation and the comforts of home only to awaken and re-attack home rehabilitation for the vulnerable; to staff a command center of relief efforts; to personally purchase & deliver 3000 gallons of bleach to coastal areas; to take children on flood bucket supply purchasing adventures; and, to organize others to contribute and create flood buckets, as well as, to join the storm response teams. Closer to home our collections for the food pantry are overflowing; card showers are created; prayer quilts are pieced; faith formers guide children; youth form life groups; small group studies emerge; prayer partners share; walkers walk; faithful exercise groups pop up; priorities are addressed; the needy find a compassionate ear; and, the imprisoned are reached. Musicians go the extra mile; faith is shared even as poster board witnesses; age level evening mission, service & fellowship programming is launched; midweek studies begin; Kids n Praise expand; meals are served; calls are made; and, social networking links our faithful responses with the needs of others.

As we enter into a time of church-wide reflection on *Treasures of a Transformed Heart*, may we be intentional in our reflections; open to small group discussions; ready to yield to the Spirit within; and, responsively eager to share our abundant gifts with others. Pulling together and sharing this journey as a Christ-centered community will enable us to expand our witness to the ends of the earth...including all areas of our local community. For as the old hymn says, "They will know we are Christians by our love" and respect for one another and the world God has offered to share with each of us. May we have resilience like a Vinca as we share our faith with others through our words and actions!!!

Joyfully journeying with you,

Elaine

Hedge Ministry Team

Every Sunday someone is praying during every worship service, for everyone in those services, the message being given, and for God to bless and guide each person in their Christian journey. This is the powerful "Hedge" prayer ministry. To serve in this way, call Linda Bridgers at 567-8908.



October 2

Glenn & Joann Myers(8:15)
Linda Bridgers (9:30)
Mary Rose (10:50)

October 9

Glenn & Joann Myers(8:15)
Don Reeves (9:30)
Jim Casper (10:50)

October 16

Glenn & Joann Myers(8:15)
Available (9:30)
Susan Smith (10:50)

October 23

Dick Kuhn (8:15)
Sue Hagan (9:30)
Stacey Beard (10:50)

October 30

Glenn & Joann Myers (8:15)
Jean Fox (9:30)
Scotty Barber (10:50)

Music Ministries

Choral Opportunities at FVUMC

Enjoy singing? Looking for a place to plug in at FVUMC?

Previous experience is NOT required to participate in these choral ensembles...



The Praise Choir

works alongside the Praise Team to provide music for the 9:30 AM contemporary worship service. This group is open to ALL - no audition or previous experience required! The Praise Choir sings contemporary music with a live band. Additionally, the group participates in cantatas, retreats and fellowship events throughout the year. Rehearsals are Thursdays, 7:00-8:30 PM in the choir room, and new members are welcome anytime!

The Worship Choir

is open to ALL adults and youth who desire to lift praises to the King!

The Worship Choir sings regularly for the 10:50 am worship service and rehearses on Wednesdays, 7:00 - 8:30 PM.

New members are welcome at any time, and previous experience is not required! In addition to leading worship on Sunday mornings, the Worship Choir participates in special activities throughout the year, including cantatas, choir retreats and fellowship gatherings. *Childcare is provided during all rehearsals.*

Christmas Cantata

It's only August, right? In the music world, that means time to start thinking about the Christmas Cantata!

Think you might like to join this year's cantata choir? Stop by the choir room or the church office to pick up a *Cantata Sampler CD*—preview some of the music we'll be learning to see if this might be the area of ministry for you.

Rehearsal schedule information is included with the preview CD. ALL ARE WELCOME to sing in the cantata choir, even if you don't regularly participate in the music ministries—check it out today!

Why Sing with FVUMC Choir?

Singing in the Praise Choir has been the means by which I feel I have become an active member of my church family here at FVUMC. If I hadn't taken that first step and decided to join this choir, I doubt I would be on the faith walk I am on today. Praise Choir has ignited my passion for praising and worshiping Jesus Christ, and my personal relationship with Him has been made stronger as a result. In addition, my involvement in these choirs has led me to other ministries and studies that have played (and continue to play) a crucial role in my development as a disciple. Finally, it has been such a blessing in my life to have a time to fellowship and build new relationships with the other choir members.

-Hunter Plemmons

Singing with the praise choir has brought me much joy. Just being able to sing in general on a weekly basis is wonderful to me, but also the friends I have made over the years are such a blessing. The group has also helped me to grow spiritually. I have started spending more time reading the bible and enjoy finding the verses that are the basis for the songs we sing. That brings a deeper understanding to my worship while singing. The choir has also helped me to branch out and get more involved in other activities in the church as I've gotten to know members in the choir who lead other service projects.

-Heather Williams

Interested?

Simply show-up for rehearsal!
For more information, contact
Jennifer Harrenstein,
Director of Music Ministries at
jharrenstein@fvumc.org or

Felicia Wermke,
Associate Director of
Music Ministries at
fwermke@fvumc.org
or 552-4331.



Global Missions



*The harvest is plentiful but the workers are few.
Ask the Lord of the harvest, therefore,
to send out workers into His fields. ~Matthew 9:37-38*

Friends,

Your Pastors and mission committee have been praying hard for new workers to send out into His fields for the harvest. We have numerous "harvest" opportunities laid out in our Acts 1:8 Plan, where we need your involvement. These mission outreach opportunities and areas stretch from Fuquay-Varina across the State, beyond NC, and then to Central & South America, and Africa. Please take a few moments this month to stop by our Mission Information Boards (across from the office) and see what we have going on in our Jerusalem, Judea, Samaria, and to the ends of the earth. We have so many wonderful avenues for Serving God and Sharing God, and hope you will become part of the group of workers, that Matthew referred to in the preceding scripture.

Helping People "Down East" Clean-up After Hurricane Irene

Friday and Saturday, August 27th and 28th, Hurricane Irene made landfall on the North Carolina coast. As it slowly pushed northward, coastal towns got wind battered and homes flooded. Time for UMCOR Early Response Teams (ERT) to take action!

Monday, August 30th, five members from FVUMC spent the day in Greenville, NC to help out a fellow brother in Christ, Lennie Furlough, along with his youth from Jarvis Memorial UMC and Young Life. They cleared downed trees from roofs and yards at four different homes around the area. The chainsaws were a buzzin'! Thanks to Mark Bethea, John Chambers, Matt Harrenstein, Bob Pavone, and Rob Pavone for their efforts!

At the request of and based on the priority needs of the Disaster Response center in the North Carolina conference, an ERT made up for four FVUMC members headed to Hyde County and the Swanquarter, NC area on Tuesday and Wednesday, September 13th and 14th. They were tasked to deliver an ERT trailer to the area for them to use as well as to tarp roofs and remove damaged flooring homes that were flooded. The team met up with other ERT teams from Oak Island and Michigan. Mosquitoes made the work difficult but the team had a great time working together while helping some people in need. Thanks again to Mark Bethea, Stu Vogt, Kim Ward and Rob Pavone for their efforts in Swanquarter!

Jennifer Rosa and Don Howell also headed out after the storm and volunteered at 676 Warehouse (formally MERCI), Camp Don Lee, and other places that needed aid.

Do YOU want to be a part of an ERT?

If you want to become ERT trained please refer to the NC conference UVMIM web site at: <http://www.nccumvim.org/> for training dates and opportunities to serve.

Hurricane Relief Fund

NC Conference

PO Box 60053

Charlotte, NC 28260

Designate for Advance #S-00176

Need for Flood Buckets

Cleaning Bucket Kit Items

5-gallon bucket with re-sealable lid Buckets from fast food restaurants or bakeries can be used if washed and cleaned. Do not use buckets that have stored chemicals such as paint or pool cleaner. Advertisements on the outside are acceptable.

- liquid laundry detergent
(two 25 oz. or one 50 oz. bottles only)
- liquid household cleaner 12-16 oz.
liquid cleaner that can be mixed with water no spray cleaners
- dish soap 16-28 oz. bottle, any brand
- 1 can air freshener aerosol or pump
- 1 insect repellent spray 6 - 14 oz. aerosol spray pump with protective cover
- 1 scrub brush plastic or wooden handle
- 18 cleaning wipes handi-wipes or reusable wipes
no terry cleaning towels remove from packaging
- 7 sponges remove from wrapper
- 5 scouring pads remove from wrapper
- 50 clothespins remove from packaging
- clothesline two 50ft. or one 100ft. cotton or plastic
- 24 roll heavy duty trash bags remove from the box
- 5 dust masks
- 2 pair disposable kitchen gloves rubber or latex remove from packaging
- 1 pair work gloves cotton or leather

Assembling Directions

Place all liquid items in the bucket first. Place remaining items in the bucket fitting them around and between the liquid items. Sponges, scouring pads, clothespins and trash bags can be separated in order to fit all of the items in the bucket. Ensure the lid is closed securely.

Important Notes

All items must be new except for the actual bucket and lid. -All cleaning agents must be liquid and in plastic containers. No powders please. -If you cannot find the requested size of a liquid item, use a smaller size. Including larger sizes of any item will prevent the lid from sealing.

You can drop the buckets off at the church. If you have any questions about the buckets reach out to Charlie Gray at cgray@nccumc.org.

Come *SERVE* God and *LEARN* what it means to *Sacrifice!*



WHERE: Carillos, Costa Rica

WHEN: March 30 to April 7, 2012

WHAT: Sacrifice of your time, gifts and talents during Holy Week and Spring Break (Wake County school system).

We will serve those less fortunate in the town of Carillos, Costa Rica building homes, feeding children, and witnessing to the people. And learn the last 24 hours of Jesus' life through a study by Adam Hamilton: *24 Hours*.

WHO: This will be our 6th trip to Costa Rica working through UVMIM and our covenant partner Charlie Strong (Strong Missions) - www.strongmissions.com

HOW MUCH: Estimated cost will be around \$1700 per person depending on airfare - in country cost and UVMIM fees is \$1000 (project cost, food, lodging, insurance, registration, excursions); Airfare is currently hanging around \$800 per person.

NOW WHAT: Contact Rob Pavone, team leader, if interested at rpavone@nc.rr.com or 919-557-7690

Informational Meeting: Sunday October 9th at 12/Noon
FVUMC's Room 117

This trip is open to high school age 16 and up, unless accompanied by a parent (age 14 preferred). Every adult over 18 on the trip needs to go through our Safe Sanctuary at the church per UVMIM and FVUMC requirements.

Clothing Closet Saturday November 5th



Donations

Drop-off in the sheds in gravel parking lot.

***Winter clothes are desperately needed as the cold season begins! Brrrrr! Coats, hats, gloves, sweaters, pants and more!

Volunteers

11/3 Thursday at 6pm & 11/4 Friday at 8:30am

Give-a-way

November 5th: 8-11:00 am

Bakers

Donate muffins for the Hospitality Table

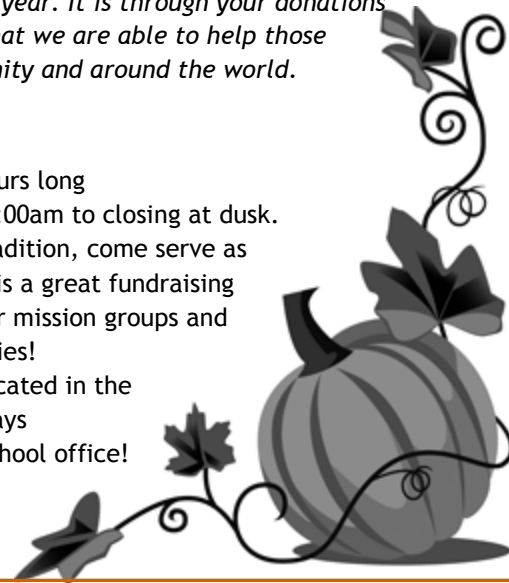
Our Pumpkin Patch

Every year we sell pumpkins from late September through Halloween. The money raised from these pumpkins go the missions and ministries of our church which allows us to reach out in mission and ministry into the community and around the world sharing our love of Jesus with others by our words, actions, and deeds.

We offer a big thank you to our loyal customers whom we see year after year. It is through your donations and support that we are able to help those in our community and around the world.

To Volunteer

Shifts are 2 hours long beginning at 9:00am to closing at dusk. Start a new tradition, come serve as a family! This is a great fundraising opportunity for mission groups and church ministries! Notebook is located in the lobby on Sundays or in the Preschool office!



Operation Christmas Child

National Collection Week:

November 14-21

Help us demonstrate God's love in a tangible way to needy children around the world! For information, contact Jayne Chambers at 345-4318 or Jaynechambers@hotmail.com



Upcoming Dates to SERVE

Costa Rica Info Meeting		Oct 9
MSK (Main Street Kitchen)		Oct 15
Clothing Closet		Nov 5
MSK (Main Street Kitchen)		Nov 19
WIHN (Wake Interfaith Hospitality Network)		Nov 20-27

For 2012...

Costa Rica Spring Break Trip	Mar 31-Apr 7
Acts 1:8 Celebration	Apr 20-22

F-V Food Pantry Food: Pasta & Sauce

Put items in the blue container in the church lobby!
Please no glass containers!

Children's Ministries

Sunday Offerings...Just for You!

Nursery/Childcare

Infants and toddlers have developmentally equipped nurseries during each of our services with staff and volunteers under.

Contact Toni Drapkin tdrapkin@fvumc.org



Faith Weaver Friends

2nd & 3rd graders celebrate life applications of Bible-based lessons coordinated by an amazing team.

Sunday afternoons: 4:30-6 PM, Room 217

Contact Marianne Carroll mcarroll35@gmail.com

Kids for Christ

4th & 5th grades gather for mission, fellowship and active learning with a team of mentoring adults.

Sundays afternoons: 4:30-6 PM, Room 202

Contact Frank Lane flane@nc.rr.com

10:50 Rotational Sunday School

Marisa Highsmith (753-8931) coordinates talented persons to serve 3 weeks at a time in a specific area as Bible stories are experienced through cooking, drama, music, storytelling and creative activities. Please contact Marissa to become part of this short-term opportunity to get to know our children and to experience the Bible in tangible ways. Did you know we retain 95% of what we teach...sign-up today to both learn and guide others in knowing God through engaging Bible study.

9:30 and 10:50 Sunday School

Judy Casper (557-3671) is our overall children's area Sunday School coordinator. "Shepherds" (for 10:50 rotational classes), as well as, classroom faith formers are ready and eager to serve with our children from 2 years old through fifth grade.

Kidz NPraise: Our Children's Music Program

Wednesday afternoons at 4:30 pm
3 year olds—5th grade



Includes choir, rhythm instruments, handbells, handchimes, creative movement, drama, Bible lessons, games and more! Church and community members are welcome!

For complete details on the weekly schedule and age-level programming options, visit the church website at www.fvumc.org. Contact Jennifer Harrenstein, Director of Music Ministries, jharrenstein@fvumc.org.

Fellowship and Fun!

Come join us on October 29th!

Hot Dog Dinners 5:00-6:00

By our Seeds of Faith Preschool

\$3.00 for hotdog, chips, and drink

Family Fun 5:30- 6:30

\$2.00 for 10 tickets

Come play a variety of games, take a hayride, bouncer *We will have an area for our older children as well.

Trunk N Treat 6:30-7:30

A safe way for children to go 'trick or treating'! Our church families load up decorated trunks of their cars with goodies—Then the kids go from trunk to trunk collecting treats!

Volunteers are needed!

Game Hosts: Each game needs to be adopted (fun for a family, small groups, Sunday school class, etc)

Trunk Hosts: MANY trunks are needed! Park your car, decorate, pass out candy to our guests!

Donate Candy: Individually wrapped candy, (place in church lobby) to help replenish our trunk hosts' supply.

Sign up on Sunday in the church lobby!

Or contact Lynne Sorrels
at 552-0505 or 557-1568



Mom's Prayer & Play Group

3rd Saturday Monthly

10:00 -11:00 am Room 213

A special time to celebrate Motherhood and offer up prayers of thanksgiving. Specifically designed for Mom's with children ages 6 & under. There is power in praying together and offering support to one another.

For more information please contact
Lisa Brinkerhoff at
brinkerhoff@hotmail.com

Lifeline Youth Ministries

Who Are You?

In middle and high school, we spend a lot of time trying to answer this question. We play sports, join clubs, hang out with different people, and a lot of what we do is trying to find the answer to this question.



Will we be the type of people who care about others first? Will we live as Christians in a world where it is very hard to stand up and say who we believe in? Who are you?

This is our theme for the year in youth ministry so that we can grow more confident in answering this question. *Who are you?* First of all, a new creation, a child of God, a follower of Jesus' way. And how does this affect your life? Does it make a difference? Come join us in Lifeline Youth Ministries as we answer this question together.

Love God: Lifeline

Sunday Nights/6:15-8:00/Centrum

Every Sunday night we will spend time in worship, in a time of teaching, and hanging out together. Lifeline is ready to go this year, so come join what God is doing on Sunday nights!

Learn God: Life Groups

Wednesday Nights/6:30-8:00/FVUMC

We all need those friends that we can lean on and share our lives with. Life groups are for those friendships, and bonds will be formed as we study the book of James together with people our own age and gender. Students have the opportunity to grow in prayer and faithfulness to Jesus.

Pilgrimage

November 11-13

The forms are out for Pilgrimage 2011! This year we will be staying at Camp Dixie in Fayetteville and we will have a great time as we spend this weekend together in worship with Methodist youth from all across our conference. Forms can be found on the church website or on Kevin's door. The cost for Pilgrimage weekend is \$100, and this is due by Sunday October 16. The late fee is \$150 and latecomers will be given room as space is available.

Youth Choir & Handbells

All 6th -12 grade Youth are invited to join!

No previous experience is required!

Rehearsals will be on Wednesdays:

Bells at 5:00pm and Choir at 5:45.

Contact Felicia Wermke , Assoc. Director of Music Ministries, fwermke@fvumc.org or 552-4331 ext 115 for more information!



Confirmation 2012 Highlights

Join us for fast-paced invigorating programming especially designed for our middle school-aged youth on Sunday evenings in the Centrum from 4:30-6:00 p.m.



Confirmation

October 1st: Bible Retreat
sharing the Life of Jesus with our 3rd graders

October 2nd & 31st: No evening meetings

October 15th & 22nd: Fall Day Retreat @ Rockfish
(youth register for 1 day)

October 9, 16 & 23rd: 4:30-6:00 p.m. in Centrum

Contact Elaine Lilliston at elilliston@fvumc.org for more information!

Lifeline at a Glance:



Sundays

Confirmation (grade 6)
Centrum
4:30-6:00pm

Lifeline (grades 7-12)
Centrum
6:15-8:00pm

Wednesdays

Youth Bells (grades 6-12)
Centrum
5-5:45pm

Youth Choir (grades 6-12)
Room 126
5:45-6:30pm

Life Groups (grades 7-12)
6:30-8:00pm

EcoJustice Ministries

ECOnomic Justice-The UMC Social Principles (Part IV)

Begun in 2008, FVUMC's EcoJustice Ministry is an effort to raise awareness and broaden the perspective of stewardship as it relates to spirituality, sustainability and social justice issues. By continuing a review of the UMC Social Principles, our prayer is that all will consider the implications of our witness in the world as it relates to the areas covered in the social principles: the natural world, the nurturing community, the social community, the economic community, the political community, and the world community.

The Economic Community continued...

Consumption -- Consumers should exercise their economic power to encourage the manufacture of goods that are necessary and beneficial to humanity while avoiding the desecration of the environment in either production or consumption. Consumers should avoid purchasing products made in conditions where workers are being exploited because of their age, gender, or economic status. And while the limited options available to consumers make this extremely difficult to accomplish, buying "Fair Trade Certified" products is

chasing power to make a contribution to the common good. The International Standards of Fair Trade are based on ensuring livable wages for small farmers and their families, working with democratically run farming cooperatives, buying direct so that the benefits and profits from trade actually reach the farmers and their communities, providing vitally important advance credit, and encouraging ecologically sustainable farming practices. Consumers should not only seek out companies whose product lines reflect a strong commitment to these standards, but should also encourage expanded corporate participation in the Fair Trade market. Consumers should evaluate their consumption of goods and services in the light of the need for enhanced production of material goods. We call upon consumers, including local congregations and Church-related institutions, to organize to achieve these goals and to express dissatisfaction with harmful economic, social, or ecological practices through such appropriate methods as boycott, letter writing, corporate resolution, and advertising. For example, these better television and radio programming.

Poverty -- In spite of general affluence in the industrialized nations, the majority of persons in the world live in poverty. In order to provide basic needs such as food, clothing, shelter, education, health care, and other necessities, ways must be found to share more equitably the resources of the world. Increasing by exploitative economic practices, makes poverty self-perpetuating. Therefore, we do not hold people morally responsible for their economic state. To begin to alleviate poverty, we support such policies as: adequate income maintenance, quality education, decent housing, job training, meaningful employment opportunities, adequate medical and hospital care, and humanization and radical revisions of welfare programs. Since low wages are often a cause of poverty, we support such measures that do not require them to depend upon government subsidies such as food stamps or welfare for their livelihood.

Trade and Investment -- We affirm

investment in an interdependent world. Trade and investment should be based on rules that support the dignity of the human person, a clean environment and our common humanity. Trade agreements must include mechanisms to enforce labor rights and human rights as well as environmental standards. Broad-based citizen advocacy and participation in trade negotiations must be ensured through democratic mechanisms of consultation and participation. -- *Social Principles of the United Methodist Church 2009-2012*

It's Fair Trade Store Time!

This year's Fair Trade Store will be open for business during the day and evening on Friday and Saturday, Oct. 28-29, in rooms 117/119 on the adult wing.

Sponsored by the EcoJustice Ministry (Economic)

This annual event showcases items that have been certified "Fair Trade," which ensures consumers that strict economic, social and environmental criteria were met in the production and trade of a product.

Fair Trade empowers artisans, craftsmen, farmers and farm workers to lift themselves out of poverty by investing in their communities, protecting the environment, and developing the business skills necessary to compete in the global marketplace.

Why should this be important to Disciples of Jesus Christ? How and where we spend our money is a stewardship issue that is of great concern to those who strive to walk in the way of Jesus. To learn more about what the United Methodist Church says on such issues read the "Economic Community" section of the UMC Social Principles printed above and continued in next month's Wellspring.

Lindsi Hines is coordinating the Fair Trade Store, and if you would like to help with this project (set up, publicity, inventory, sales, etc.), please contact Lindsi at lindsihines@nc.rr.com.

one sure way consumers can use their purchase to the common good. The International Standards of Fair Trade are based on ensuring livable wages for small farmers and their families, working with democratically run farming cooperatives, buying direct so that the benefits and profits from trade actually reach the farmers and their communities, providing vitally important advance credit, and encouraging ecologically sustainable farming practices. Consumers should not only seek out companies whose product lines reflect a strong commitment to these standards, but should also encourage expanded corporate participation in the Fair Trade market. Consumers should evaluate their consumption of goods and services in the light of the need for enhanced production of material goods. We call upon consumers, including local congregations and Church-related institutions, to organize to express dissatisfaction with harmful economic, social, or ecological practices through such appropriate methods as boycott, letter writing, corporate resolution, and advertising. For example, these better television and radio programming.

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Women's Ministries



Circle of Faith
October 6th
10:00am Room 127

To ALL ladies of F-V UMC:
 Please join the Circle of Faith (UMW).
 Come learn about how we accomplish the
 Purpose of United Methodist Women.
 Questions, call Fran Sykes, 552-9220.

Men's Ministries



F-V UMM

Meet on the 3rd Mondays
 All men are invited to attend the
 monthly meeting at 7:00 Room 126.

To stay in touch, visit our Google Group Site at
<http://groups.google.com/group/fvumc-um>

Men Eager to Serve (METS)

Meets on Thursday nights from 7-8:30pm in Room 127
 for a time of service, fellowship, and accountability.

Our Life In Community



Bob Anderson & family, Matt Shawver & family, Gus Prince,
 Fran Applegarth, Debbi DeMaris, Tom Myatt,
 Alice Schmelzer, Shirley Baker, André Carson,
 Venie Weather, Dub Hornsby, Shirley Hicks, Maxine Senter,
 Bill Colagiovanni, Virginia Jones, Vickie Cardin,

Kevin & Debbi Braswell, Diane Rubin, Henry Hanmann, Carole Nanzetta,
 Phil McCray, John & Beth Silveira,

Flu Shots Available!

Tuesday
November 18th
From 9:00-10:00am
At FVUMC!



Christmas by Candlelight

Friday, December 9
7:00-9:00pm

Join us for the 6th annual Women's Ministry Christmas by Candlelight on December 9 from 7-9pm. The Centrum will be filled with over 30 tables each decked out in Christmas finery, each beautifully unique and different.

Appetizers, desserts, tea and coffee will be served. Volunteers to hostess a table may sign up in the lobby beginning Sunday, October 2nd and registration to attend the event will begin Sunday, November 6th. Guests are asked to bring an unwrapped toy or children's book to donate to Operation Share, a youth-initiated ministry that allows families in need to shop here for Christmas presents. We reached capacity for last year's event early, so don't delay in making your reservation.



Director of Children's Ministry

FVUMC is seeking an enthusiastic Spirit-led faithful disciple of Jesus Christ with excellent interpersonal and communication skills eager to lead, oversee, and develop all aspects of children's ministry including staff, volunteers, programming, curriculum and special events as our FULL-TIME Director of Children's Ministries.

Minimum qualifications include a Bachelor's degree (Master's preferred) in child-related development or previous successful leadership and networking; and at least three years of relevant experience.

A complete "Ministry Description" is available on the church web site at fvumc.org. A cover letter and resume may be sent to jobs@fvumc.org or Fuquay-Varina UMC, Attn: Children's Ministry Director Search Committee, 100 S. Judd Pkwy SE, Fuquay-Varina, NC 27526

by October 31, 2011.

Preschool Happenings!

Mommy!!!

Chitter chatter, chitter chatter,
chitter chatter,

Is it time to go home?

Shuffle, shuffle, shuffle,

Ha, ha, hee, hee, giggle, giggle!

Aaahh the sounds of Preschool...

And that's just the Teachers!

Yes the year has started and we are settling
in to our routines.

We are looking forward to a great year!

With visits to our pumpkin patch,

Bible stories with a variety of characters.

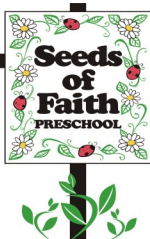
And many special events scattered through out the year.

God is good and has gotten off to a rousing beginning.

I look forward to sharing our littlest ones
adventures with you each month.

Love & Blessings,

Miss Lynne & the Preschool Staff



Stephen Leaders

Do you know what CareNotes are?

They are little booklets that contain
messages of hope and compassion for
those in need. These little booklets

cover a range of topics such as dealing

with cancer, forgiveness, grief and

loss, teens and so much more. These

booklets provide a starting point for discovering more about
and dealing with these issues.



Did you know that these booklets are free of charge and are
available at our church? They are and they are in a
little display rack in the hallway between the office and Cen-
trum by the wooden pews. Why not stop by and look to see
what is available. If you do not find what you are
looking for, please let us know and we'll order something
that meets your needs.

After reviewing the material in these booklets you may want
to talk to someone about what you are going through. Ste-
phen Ministers are available and would love to help you
through all that you are going through and facing.
You don't have to face your pain alone.

Contact one of our Stephen Leaders for more information.

Susanne Young 552-7503

Bob Sorrels 552-0505



Polly Sheets 552-5035

Thearon Willis 552-7577

Safe Sanctuary Training—10/23

Have you been safe sanctuary trained? Where you one of the
first people to be trained? If you
need to be trained or were one of the
first people to have training, we will
have training on Sunday Oct. 23rd
following both the 9:30 and 10:50 services. Training will be
held in the conference room on Adult wing. Please contact
Denise Frie at (919)285-6192 or niesee73@aol.



Vis- our  it

Booth at the State Fair

Once again, FVUMC has a wonderful opportunity to run a
food concession booth at the

NC State Fair October 14-24.

Come try our infamous *Chicken on a Stick!*

To volunteer:

This endeavor takes a lot of teamwork, a lot of volunteer
hours from the members of our congregation, but promises
to be a lot of fun! Proceeds this year will go towards
helping to pay off our current building mortgage!

You may sign up directly via the following web address:

<http://www.mysignup.com/fvumc>

For questions, email Don Howell at dhowell25@nc.rr.com

Memorial Committee offers Funeral Pall



A beautiful funeral pall was given to The Fuquay-Varina Unit-
ed Methodist Church sometime ago in honor of the
office staff. It is available for use by members of our church
for their loved ones if they wish to use it.

A *pall* is a cloth which covers a casket or coffin at funerals
instead of a spray of flowers. The word comes from the Latin
pallium (cloak), through old English. Our pall is white and is
embroidered with a cross and lilies. This is to signify the
purity of Jesus and the sovereignty of his triumph over sin and
death on the cross. The pall is placed on the casket or coffin
as soon as it arrives at the church, and will remain on the
coffin during all of the proceedings in the church. If the
family wishes to view the deceased or have visitation for
others, this would normally be done before the casket or
coffin is brought to the church. The pall will be removed be-
fore the casket or coffin leaves the church. After the funeral,
the pall will be stored at the church for use by others in the
future.

The Memorials Committee: Polly Sheets, Judy Haire;
Marian Lane; Virginia McLeod; Mary Hornsby;
Diana Thomas; Elaine Lilliston, Associate pastor.

Book Club for October

*Twelve by Twelve:
A One-Room Cabin
Off the Grid
and Beyond the American Dream*
by William Powers



Why would a successful American physician choose to live in a twelve-foot-by-twelve-foot cabin without running water or electricity? To find out, writer and activist William Powers visited Dr. Jackie Benton in rural North Carolina. No Name Creek gurgled through Benton's permaculture farm, and she stroked honeybees' wings as she shared her wildcrafter philosophy of living on a planet in crisis. Powers, just back from a decade of international aid work, then accepted Benton's offer to stay at the cabin for a season while she traveled. There, he befriended her eclectic neighbors — organic farmers, biofuel brewers, eco-developers — and discovered a sustainable but imperiled way of life. In these pages, Powers not only explores this small patch of community but draws on his international experiences with other pockets of resistance. This engrossing tale of Powers' struggle for a meaningful life with a smaller footprint proposes a paradigm shift to an elusive "Soft World" with clues to personal happiness and global healing.

To join the dinner and discussion
on Friday, October 21st
contact Suzanne Jones at dsjones@nc.rr.com or
Matilda Storm at matildastorm@embarqmail.com.

November's Book:

*Christians and the Common Good:
How Faith Intersects with Public Life*
by Charles Gutenson

Looking for a way to Serve God?

We have many opportunities in and around the Church Office! Consider the possibility of coming in for a few hours once a week, once a month....however it would best suit your schedule. We can always use help with answering the main church telephone, special projects for our ministry teams, simple data entry, or even committing to a particular task that needs to be done on a regular basis. Spending time in your church office is a great way to get to know your fellow members and the diversity of ministries going on in your church. It is also a local, 'easy' way for you to live into our vision statement that FVUMC is a Christ-centered community that Loves God, Learns God, Serves God, and Shares God. For more information, questions and suggestions please contact Jane Gue in the church office at 552-4331 or jgue@fvumc.org



Church Council Highlights 9/6/2011

Once the meeting is called to order by the Council Chair, and members and visitors are introduced, then the Vision Statement is repeated by all:

*Fuquay-Varina United Methodist Church is a
Christ-centered community that loves God, learns God,
serves God, and shares God.*

Devotion and Prayer was shared by Matt Harrenstein

Ministry Moment was given by the Youth Representative, Italo Intriago. He explained the Kick-off Retreat and Wednesday's Life Groups as well as the new time for Lifeline on Sundays.

Finance: Mitch Morgan presented the Analysis of Revenues and Expenses Summary from January to July 2011. The committee is moving forward to refinance with BB&T.

SPRC: Randy Smith reported Darrell Williams has been hired on a trial basis for janitorial purposes. All God's Children Sunday School Class have requested a nurse be on duty for their special needs class during 10:50.

Trustees: Lisa Schreiner shared that Casa Blanca is under contract and expected to close in October. An anonymous benefactor has given funds to re-carpet the church.

Stewardship: Susan Smith encouraged all present to be in prayer to find a way for all people to be a part of the small group study, *Treasures of the Transformed Life* by John Ed Mathison.

Pastor's Report: Pastor Al was most appreciated of the opportunity to attend the 2011 World Methodist Conference in Durban, South Africa. 132 Nations and 5,000 in attendance! Also, for the Raleigh District Lay Speaker Training, Annette Hall, Cassie Hall, and Craig Judd was recommended .

New Business: Charlie Gray announced the need for Flood Buckets to be used in the hurricane clean-up.

Prayers of Concerns and Thanksgiving were lifted.
Council Meeting was adjourned to serve.

*Next meeting:
Tuesday, 10/4 at 7:00
Room 117.*

*Look for the full council
minutes to be available on our website soon!*



The Wellspring

Fuquay-Varina United Methodist Church

Love God. Learn God. Serve God. Share God.

919-552-4331

www.FVUMC.org

100 South Judd Parkway SE

Fuquay-Varina, NC 27526

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UPCOMING EVENTS

Additional information inside this Newsletter Edition!

October

Church Council Meeting	10/4
Costa Rica Spring Break Info Meeting	10/9
State Fair Begins	10/13
Main Street Kitchen	10/15
Book Club Dinner	10/21
Safe Sanctuary Training	10/23
Fair Trade Store	10/28-29
Trunk 'n Treat	10/29

November

Haiti Mission Trip	11/2-11
Clothing Closet	11/5
Commitment Sunday	11/6
Main Street Kitchen	11/19
WIHN	11/20-27
Charge Conference	11/21
Youth Pilgrimage	11/11-13
Costa Rica-Women's Trip	11/12-20
First Day of Advent	11/27

Newsletter:

newsletter@fvumc.org
Articles due by the
15th of the each month

Bulletin :

bulletin@fvumc.org
Notices are due
Tuesdays at noon

Looking Ahead:

Kidz NPraise Musical	12/3
Christmas by Candlelight	12/9
Christmas Cantata	12/11
Love Feast	12/18
Discovery Weekend	1/27-29
TVR Family Weekend	3/16-18
Acts 1:8 Celebration (2012)	4/20-22