

The Wellspring

Love God. Learn God. Serve God. Share God.

Fuquay-Varina
United Methodist Church
September 2011



Dear Sisters and Brothers in Christ,

It is with a grateful and joyous heart that I wish to say how much Jimmie and I appreciate your generosity in providing funds for our journey to Durban, South Africa. This was indeed an opportunity of a lifetime. Even though the trip (one way, including lay-overs) was approximately thirty hours it was truly worth it!

August 2

We arrived in Durban Tuesday night at 11:00pm, it was 5:00pm eastern time.

August 3

On Wednesday morning the World Methodist Council, representing 132 nations, met from 8:00am to 9:30pm.

August 4

Thursday morning was the official opening of the 2011 World Methodist Conference. Our theme, *Jesus Christ The Healing of Nations*, included a video presentation of the history of the conferences, a vibrant colorful procession of banners and a multi-cultural worship experience led by Dr. John Barrett, the World Methodist Council chairperson. Their keynote address was delivered by Dr. Mrume Dandala. The afternoon provided various seminars on a range of topics by leading experts.

August 5

Friday morning, we began with morning worship, followed by a Bible study led by Dr. Joy Moore, faculty member at Duke Divinity School, Duke University. The key note address was delivered by Dr. Martyn Atkins addressing the topic *The Healing Persons* followed by a presentation by the Division of World Evangelism and the afternoon with regional groups.

August 6

Saturday continued with Bible study with Elias Chacour with the theme, *Becoming a Healing Community*.

August 7

Sunday included worship in a number of Societies based in and around Durban followed by a rally in downtown Durban.

August 8

Monday was the last day of the conference which included a musical presentation and Bible study. The key note address was delivered by Dr. Andrei Ricardi and the conference closed with a service of Holy Communion and sermon by the incoming World Methodist Council Chairperson.



What a powerful and moving experience. It is our hope to share pictures and provide an opportunity to share with you in some informed way.

Again, thank you and it is great to be back home!
Grace & Peace,

Pastor Al

Greetings Friends!

by Rev. Elaine Lilliston

Our God is an Amazing God!

There have been abundant opportunities recently to rejoice and celebrate God's Presence going before and paving the way for us. For example, several months ago, I overheard a hallway conversation as Rev. Dick Kuhn joyfully told Stephanie Weeks that he had been given a "Partner in Prayer" card with "Children's Ministries" listed as one of his ministries to pray for throughout the year. At the time, none of us had any idea that Stephanie would be called to return to the community to influence children on a through-the-week basis at Willow Springs Elementary School. However, during this time of staff transition for our children and young families, it is O REASSURING to know that Dick is praying for each of the Children's Ministry faith formers enthusiastically serving with our children, as well as those impacted by the diverse ministries.

In another quick example with an added resource to explore, the clergy of the NC Conference have been given the opportunity to wear pedometers in an effort to encourage us to have healthier lifestyles. At least once a week, we link our pedometer to a computer; steps are recorded; and, we can celebrate through colorful graphs just how far we are individually and collectively walking. For the past week, we have had a glitch with the uploads. The software company regrettably quickly went out of business a week ago. However, while on the Conference web site, I discovered an article that caught my eye about 9-11 worship resources. One link led to another and I discovered a helpful and insightful link for persons sharing their faith with children! Friends, parents, grandparents, etc. may want to check out:

www.1ststeps.net/Prayground

God has a sense of timing as I discovered this additional resource for our incredibly gifted children's area faith formers just in time to share at the "Set-up Brunch" hosted by the Bob Marley class for our Sunday morning teams! Life is an amazing series of opportunities to see the Hand of God at work!

One of the blessings we have each and every day is to simply rest in the comfort of knowing that the God we worship and adore is with us 24-7...going ahead and paving the way. Sometimes, we face challenges and opportunities we haven't anticipated. It is in unexpected happenings that we often grow the most in faith. Jesus Christ came to live and to serve amongst the real people of the world. The humble of heart; the "little people" with HUGE faith-filled hearts; persons able to think of others before self; the vulnerable; the "least, the lost, the lonely"; and, the ones outside the temple walls were the focus of his ministry. He brought hope often in unexpected ways! Jesus modeled dependency on God to be the source of our strength and a very present helper along the way.

As we open our eyes to be aware; our ears to be alert; and, our hearts to be responsive to the celebrations and concerns surrounding us...may we rejoice in the Lord always (Philippians 4:4)! May we KNOW that we are never alone! May we be assured that God is working for good in each and every one of our lives and circumstances. May we be open to sharing a life of prayer (Ephesians 6:18-19) as we continue to recognize the incredible ways God prepares us for service and witness in the world. May we celebrate that truly our God is an Amazing and Awesome God!

Rejoicing with you,

Elaine



Hedge Ministry Team



Every Sunday someone is praying during every worship service, for everyone in those services, the message being given, and for God to bless and guide each person in their Christian journey. This is the powerful "Hedge" prayer ministry.

To serve in this way, call Linda Bridgers at 567-8908.

September 4

Glenn & Joann Myers(8:15)

Linda Bridgers (9:30)

Mary Rose (10:50)

September 11

Glenn & Joann Myers(8:15)

Don Reeves (9:30)

Jim Casper (10:50)

September 18

Glenn & Joann Myers(8:15)

Janice Fain (9:30)

Susan Smith (10:50)

September 25

Carole Drake (8:15)

Jean Fox (9:30)

Stacey Beard (10:50)


Visit the North Carolina Conference of the
United Methodist Church
at <http://nccumc.org>
and learn more about what the UMC is doing!

Global Missions

1st annual Acts 1:8 (Mission) Celebration Weekend April 20-22, 2012

Last Fall, the Pastors and the Mission Committee embarked on a journey to dramatically change our approach to Mission Outreach. Through mission outreach, we can Serve God and Share God, two components of FVUMC's Vision. Thus we'd like everybody at FVUMC to be a "missionary", by getting involved with something in our Acts 1:8 Plan. This Plan identifies the missionaries, mission entities, and outreach projects that the Church supports through volunteering, and through providing monetary, and other types of gifts. The Acts 1:8 Mission Celebration weekend planned for April 2012, will both educate and energize our members, in our goal to encourage everyone at FVUMC to be on mission with God.

The 2011 Acts 1:8 Plan Includes the following outreach, in the areas that we have identified as our Jerusalem, Judea, Samaria (which is unique to each person, and could be within any of the outreach below), and Ends of the Earth:

Jerusalem	Judea	Ends of the Earth
Main Street Kitchen	Appalachian Service Project	Strong Missions, Costa Rica
Thanksgiving Meal	Disaster Center	ZOE, Africa (several countries)
Clothing Closet	Methodist Children's Home	Wesley Heritage Foundation, Peru
Southern Wake Faith Community in Action (SWFCA)	Disaster Relief (UMCOR)	Haiti
FV Emergency Food Pantry	UMC NC Conference Rainbow Covenant Ministries (US)	Sierra Service Project, Honduras
With Love from Jesus		Bolivia
Wake Interfaith Hospitality Network (WIHN)		UMC NC Conference, Rainbow Covenant Ministries (Int'l)
Covenant Community Garden		
Spiritual Spinners		
Prison Ministry (Men's & Women's)		
Operation Share		

The **Acts 1:8 Celebration** includes an event-packed program for all ages, and will run from Friday morning through Sunday evening. Representatives from all areas of outreach identified in our current Acts 1:8 Plan will be with us that weekend to fellowship with us and share their mission stories. We are now forming Teams to assist with the various events and tasks needed to make this event successful. We'd like to get as many people as possible involved in putting on this weekend event.

*We also hope that all members of the congregation
will attend one or more of the events we have planned throughout the weekend.*

If you are interested in being part of one of our event teams, or have any other questions, please contact Ann Ledford, 2012 Mission Celebration Coordinator at 773-0334 or ledford1428@gmail.com

Main Street Kitchen: September 17

Please feel free to contact Paula Cade
at 557-4347 with any questions.



F-V Food Pantry Food: Vegetables

Put items in the blue container in the church lobby! Please no glass containers!

Children's Ministries

Check it out..

www.1ststeps.net/Prayground

Families are the first and primary faith formers for our children. Our children watch our actions long before they are able to articulate language. In fact, Becky Bailey in *There's Gotta Be A Better Way: Discipline that Works!* (ISBN 1-889609-03-X) notes the first three years are CRUCIAL building blocks for our future. Discipline and disciple are from the same root word. With great clarity, encouragement and hope, Dr. Bailey provides reasonable understandings of child development and practical insights for helping our children develop into the fullest of possibilities envisioned by God.

As primary faith formers, families may want to consider several tools for faith development offered by our church family. The web site mentioned above is a practical and engaging interactive place to begin and/or strengthen family devotions and prayer. In addition to age-level specific small groups and classes, it is VITALLY important for our children to experience worship! KNOW that your family is welcome to sit on the front rows in order to fully experience the diverse elements of worship. Come together to hear the music; to have the songs of faith planted in our hearts; to have room for movement; and, to be fully engaged in the worship celebrations at 8:15, 9:30 and/or 10:50. The Centrum Bible cart has 3 age-levels of Bibles to meet growing children's needs, as well as, "Worship Bags" with appropriate activities and supplies. Ushers have two age levels of children's bulletins available each week. AND, the faith community WANTS to have all ages fully engaged in "worshipping and celebrating the Father, Son and Holy Spirit"! COME, join us for worship!

Nursery/Childcare

Infants and toddlers have developmentally equipped nurseries during each of our services with staff and volunteers under.

Contact Toni Drapkin tdrapkin@fvumc.org



Faith Weaver Friends

2nd & 3rd graders celebrate life applications of Bible-based lessons coordinated by an amazing team.

Sunday afternoons: 4:30-6 PM, Room 217 *Begins Sept 11th.*

Contact Marianne Carroll mcarroll35@gmail.com

Kids for Christ

4th & 5th grades gather for mission, fellowship and active learning with a team of mentoring adults.

Sundays afternoons: 4:30-6 PM, Room 202 *Begins Sept 11th.*

Contact Frank Lane flane@nc.rr.com

3rd Grade Bible Presentation

It is the privilege of our church family to share a children's study Bible during worship with our 3rd graders each year! In order to prepare the Bibles, please contact the church office ASAP to share the FULL NAME of your favorite 3rd grader and the worship service your family will attend on Sunday, September 25th.

Contact: Terri Pavone tpavone@fvumc.org

3rd Grade Bible Retreat

An overnight adventure for our 3rd graders as they learn to use their new study Bibles! September 30-October 1st

Contact: Leigh and Brian Goble goblepack@embarqmail.com



10:50 Rotational Sunday School

Marisa Highsmith (753-8931) coordinates talented persons to serve 3 weeks at a time in a specific area as Bible stories are experienced through cooking, drama, music, storytelling and creative activities. Please contact Marissa to become part of this short-term opportunity to get to know our children and to experience the Bible in tangible ways. Did you know we retain 95% of what we teach...sign-up today to both learn and guide others in knowing God through engaging Bible study.

9:30 and 10:50 Sunday School

Judy Casper (557-3671) is our overall children's area Sunday School coordinator. "Shepherds" (for 10:50 rotational classes), as well as, classroom faith formers are ready and eager to serve with our children from 2 years old through fifth grade. THANK YOU Judy for inviting an all-star line-up of incredibly gifted persons to share faith formative experiences with our children each and every Sunday. All were in place by July 31st and have spent August praying and preparing with team mates for an amazing year!

Kidz NPraise: Our Children's Music Program

Open to 3 year olds-5th grade Includes choir, rhythm instruments, handbells, handchimes, creative movement, drama, Bible lessons, games and more! Church and community members are welcome! For complete details on the weekly schedule and age-level programming options, visit the church website at www.fvumc.org.

Wednesday afternoons at 4:30 pm *Begins Sept. 7*

Contact Jennifer Harrenstein, Director of Music Ministries, jharrenstein@fvumc.org or 552-4331 ext. 105.



All God's Children Sunday School Returns

*Loving Volunteers Needed
for teaching teams -
no special training required!*

Beginning Sunday, September 4th, we are bringing back this wonderful class to serve our very special children with developmental disabilities. It will be offered during the 10:50 Service. We have new resources that will give both parents and teachers peace of mind: pagers for parents, and a nurse in the room. If you would like to volunteer to help in the class periodically or full-time, please contact Jenna Ramsey (teacherramsey@yahoo.com). If you have a child that would like to join our class, please contact Diane Gabry (ggabry@nc.rr.com) for Registration.

Mom's Prayer & Play Group 3rd Saturday Monthly

from 10:00 -11:00 am Room 213 on the Children's wing.
A special time to celebrate Motherhood and offer up prayers of thanksgiving. Specifically designed for Mom's with children ages 6 & under. There is power in praying together and offering support to one another.
For more information please contact Lisa Brinkerhoff at brinkerhoff@hotmail.com

Preschool Happenings

I'm back!

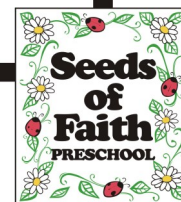
I hope you all had a great summer!?
I just took a little hiatus to take care of our preschool!

We've been busy around here, with our Preschool Summer Camp and getting ready for the new school year! There have been quite a few changes in our staff life. Ms. Terri has moved on to work in the church office staff. We are blessed to have Judy Casper move in with me as the Preschool Office Manager! Two of our long time teachers, Ms. Char and Ms. Bonnie have left us of their 15 years of being with our children. They will all be missed! As always, God blesses us with solutions to all of our needs and we have been able to fill our teachers spaces with our current teachers who wished to work more days.

It's going to be a super year! Come and see us sometime!

Blessings,

Ms. Lynne



Women's Ministries



*To ALL ladies
of
F-V UMC:*

Please join the Circle of Faith (UMW) as we resume our meetings on the FIRST TUESDAY - September 6th. We meet in room 127 on the adult wing from 10:00 - 11:00. Carolyn Blanchard will bring the Devotional and Jean Tracy is in charge of the Program. Joan Kuhn is responsible for a Missions talk. Come learn about how we accomplish the Purpose of United Methodist Women. Questions, call Fran Sykes, 552-9220.

Sept 29- Oct 1, 2011

Fall Women's Retreat at Teen Valley Ranch
in the beautiful North Carolina Mountains!

Thursday evening, thru Saturday at 12noon.

Contact Cathy Vogt for more information

jakenmorgan@embarqmail.com or 919-607-2150.



Men's Ministries



*F-V UMM
Meet on the
3rd Mondays*

All men are invited to attend the monthly meeting on the third Monday at 7:00 Room 126.

To stay in touch, visit our Google Group Site at <http://groups.google.com/group/fvumc-um>

Ongoing Men's Ministries

Prayer Warriors

Meets the third Monday of every month, in the Prayer Chapel at 8:30pm for devotion and intercessory prayer.

Men Eager to Serve (METS)

Meets on Thursday nights from 7-8:30pm in Room 127 for a time of service, fellowship, and accountability.

Lifeline Youth Ministries

Summer Re-Cap

Dear Church Family,

We have had an exciting summer in Lifeline Youth Ministries. I want to take this opportunity to share some of what we have been doing with you.

In July, I spent two straight weeks away with the youth (I'm still catching up on sleep!). I travelled to TVR with them and had the opportunity to bond with over 160 youth from around our community. The following week, a group of 20 youth and 12 adults were in Knoxville, Tennessee with the Appalachian Service Project. What an incredible time we had. Our youth were wonderful during this week, especially as they stayed in less than ideal conditions (no A/C in 90+ heat). We got a look into how poverty exists not very far from us, and how Christ calls us to serve others.

Many students told me how they recognized that the people they served were really no different from them, which is quite an eye-opening experience.

On a more local level, we had 4 different "Lifeline in Mission" activities this summer. Working with Annette Hall and the Missions Team, we served the F-V Food Bank, the F-V Homes for the Elderly, a day camp with St. Augusta Missionary Baptist Church, and the Food Bank of Eastern and Central NC. During these times, our youth served people right in their own community, and we recognized that God calls us to love the people right in our own backyard.

On August 5-7, a group of 23 middle school students and 5 adults travelled to Winston-Salem, NC to work with a mission trip weekend called "Estoy Loco." We were able to serve two different communities that work with mentally disabled people while we stayed at the Methodist Children's Home. This was a great experience for middle school students to "get their feet wet" in missions.

We have had a wonderful summer of ministry, and look forward for the year to come. If you have a middle or high school student or even know one, encourage them to get involved in our Lifeline Youth Ministries! Have them contact me anytime at kjohnson@fvumc.org or at the church.

Grace and peace,

Kevin Johnson



Fall Kickoff and Schedule

This fall, Lifeline will meet from 6:15-8:00 on Sunday evenings. "Who Are You?" will be our theme for the year, and our kickoff night is Sunday August 28.

This night will be followed with a parent's meeting at 8:00 to get the fall schedule and ask Kevin any questions you might have.

Wednesday Life Groups

We will also have Life Groups (small groups) for the first time beginning on Wednesday September 14 from 6:30-8:00 pm. These groups will meet weekly and be divided by age and gender. We will have an opportunity for Bible Study, prayer and accountability, and to hang out together on these Wednesday nights.

Youth Choir & Handbells

All 6th -12 grade Youth are invited to join! No previous experience is required! Rehearsals will be on Wednesdays: Bells at 5:00pm and Choir at 5:45.

Contact Felicia Wermke, Associate Director of Music Ministries, fwermke@fvumc.org or 552-4331 ext 115 for more information!



Confirmation 2012 Highlights

Sixth graders are invited to join us weekly from 4:30-6:00 pm in the Centrum for invigorating discussions and experiences in faith. We will have the privilege of CREATIVELY sharing the "Life of Christ" with our 3rd graders during the upcoming Bible Retreat. *Join us for the adventure!* Contact Elaine Lilliston at elilliston@fvumc.org for more information!



Planning Ahead Dates:

Sunday August 28

Lifeline Kickoff
6:15-8:00 pm

Sunday August 28

Lifeline Parents Meeting:
8:00 pm

September 9-11

Lifeline Kickoff Retreat
at Camp Rockfish

Wed. September 7

Youth Bells (grades 6-12)
Centrum
5-5:45pm
Youth Choir (grades 6-12)
Room 126
5:45-6:30pm

Wed. September 14

Life Groups
6:30-8:00pm

Sun. September 18

Lifeline Cookout at
Pastor Al's house
6:15-8:00pm

Sun. Sept. 25:

Lifeline resumes
6:15-8:00

Looking Ahead

Pilgrimage November 11-13,
more information to come!

Spiritual Formation

Small Group Leaders Needed!

Reflect on FVUMC's Vision Statement:

*A Christ centered community that
loves God, learns God, serves God,
and shares God.*

Small groups are an ideal setting to fulfill this newly adopted statement for our congregation!

- † Many people say that the most meaningful and growth-filled times in their Christians lives are the times they have spent in small groups. Is that true for you?
- † Perhaps you've heard it said, 'If you really want to learn something, teach it to others.' Do you want to discover more?
- † Have you tried on other ministry roles only to discover they didn't fit your gifts and strengths as well as you would have liked? Think about it!
- † Has God blessed you in a small group? Help others benefit from your experience.

Prayerfully consider becoming a Small Group Leader! You will have all kinds of resources and support to make your small group a success!

Contact Debbi DeMaris at ddemaris@fvumc.org or 552-4331, ext 106 for more information!

Existing Small Groups:

There is an abundance of information, supplements, leadership tools that you can have access to!

Register your group to be informed!

Contact Debbi DeMaris at ddemaris@fvumc.org or 552-4331, ext 106



New Sunday School Study

Twenty times in the New Testament, Jesus issued a compelling and challenging invitation to Follow Him. He's not interested in mere fans. He doesn't want enthusiastic admirers. He wants Completely Committed Followers. *NOT A FAN* is a six week DVD based study offered by the Christians Under Construction Sunday school class that explores what it means to deny one's self and truly follow Jesus.

This study will begin September 11th at the 10:50 study hour in Room 118. For more information contact Charlie Gray at cgray@nccumc.org.

Feeling A Little Thirsty?

This past Sunday, we began distributing copies of John Ed Mathison's *Treasures of the Transformed Life*. The book is a church-wide forty-day study that shows us what we're really thirsty for—and how to satisfy that thirst.

As you may know, we are privileged to have John Ed Mathison, the author of the book, coming to FVUMC on Saturday morning, September 10th, to kick off our study. He will give an overview of what we'll be studying in greater depth later this month. A few openings remain in the session, so please call the church office as soon as possible to make your reservation.

We will be studying *Treasures of the Transformed Life* as a congregation. The book includes 40 daily readings that will challenge you in the areas of service, prayer, attendance, financial gifts, and commitment.

You could go about this study one of several ways:

- † First, you could ignore it. You could allow that book to gather dust on your nightstand table, and figure that you'll get the main points by hearing the pastor's sermons and listening to the discussions in Sunday school.
- † You could read the entire week's lessons in one sitting, maybe even on Saturday night or early Sunday morning. That way, you figure, you can catch up and still know what everybody is talking about.
- † Or you could set aside a little bit of time each day, going over the daily readings and prayerfully considering the answers to the probing questions. You could allow God to speak to both your heart and mind. You could openly discuss what you're learning in your small group, and you could gain from the insights of others as you find yourself sharing in humility, as well.
- † Really, the choice is yours. This isn't school, after all, with someone looking over your shoulder and grading you on your level of participation. No, this is between you and God.
- † You could look at this as simply one more thing to do in your already -busy schedule, or you could see it as the chance of a lifetime to press in and know God as you've never known him before.

E. Stanley Jones said once that,

“Life in our hands is life on our hands—a problem.

Life in the hands of Jesus is no longer a problem; it is a possibility.”

*So what's the greatest of possibilities today?
Are you ready to dive in—even if it feels like
you're in over your head—and allow God to
help you swim?*



Questions?

Call Susan Smith at 567-1714 or smooresmith@earthlink.net.

EcoJustice Ministries

ECOnomic Justice-The UMC Social Principles (Part III)

Begun in 2008, FVUMC's EcoJustice Ministry is an effort to raise awareness and broaden the perspective of stewardship as it relates to spirituality, sustainability and social justice issues. By continuing a review of the UMC Social Principles, our prayer is that all will consider the implications of our witness in the world as it relates to the areas covered in the social principles: [the natural world](#), [the nurturing community](#), [the social community](#), [the economic community](#), [the political community](#), and [the world community](#).

The Economic Community

We claim all economic systems to be under the judgment of God no less than other facets of the created order. Therefore, we recognize the responsibility of governments to develop and implement sound fiscal and monetary policies that provide for the economic life of individuals and corporate entities and that ensure full employment and adequate incomes with a minimum of inflation. We believe private and public economic enterprises are responsible for the social costs of doing business, such as employment and environmental pollution, and that they should be held ac-

countable for these costs. We support efforts to revise tax structural support programs that now of other persons.

Property -- We believe private ownership of property is, there- responsibility to God. We believe, responsibility, in the pursuit of provide procedures that protect well as those of private owner-

Collective Bargaining -- We sup- (including farm, government, ployees and employers to or- into unions and other groups of use of violence by either party labor/management disagree- manent replacement of a work-

Work & Leisure -- Every person wage. Where the private sector all who seek and need them, it to provide for the creation of measures that ensure the physi- that provide for the equitable and that encourage an increas- may use their leisure time.

We recognize the opportunity butions to society and encour- additional blocks of discretionary tural, and recreational outlets that

believe that persons come before profits. We deplore the selfish spirit that often pervades our economic life. We support poli- cies that encourage the sharing of ideas in the workplace, cooperative and collective work arrangements. We support rights of workers to refuse to work in situations that endanger health and/or life without jeopardy to their jobs. We support policies that would reverse the increasing concentration of business and industry into monopolies.

Social Principles of the United Methodist Church 2009-2012

It's Fair Trade Store Time!

This year's Fair Trade Store will be open for business during the day and evening on Friday and Saturday, Oct. 28-29, in rooms 117/119 on the adult wing.

Sponsored by the EcoJustice Ministry (Economic)

This annual event showcases items that have been certified "Fair Trade," which ensures consumers that strict economic, social and environmental criteria were met in the produc- tion and trade of a product.

Fair Trade empowers artisans, craftsman, farmers and farm workers to lift themselves out of poverty by investing in their communities, protecting the environment, and developing the business skills necessary to compete in the glob- al marketplace.

Why should this be important to Disciples of Jesus Christ? How and where we spend our mon- ey is a stewardship issue that is of great concern to those who strive to walk in the way of Jesus. To learn more about what the United Methodist Church says on such issues read the "Economic Community" section of the UMC Social Principles printed above and continued in next month's Wellspring.

Lindsi Hines is coordinating the Fair Trade Store, and if you would like to help with this project (set up, publicity, inventory, sales, etc.), please contact Lindsi at lindsihines@nc.rr.com.

support measures that would reduce the hands of a few. We further sup- portures and to eliminate governmen- benefit the wealthy at the expense

ownership of property is a trustee- societies where it is encouraged is limited by the overriding needs Christian faith denies to any person and arbitrary control of any other Socially and culturally conditioned fore, to be considered a responsi- therefore, governments have the justice and order under law, to the rights of the whole society as ship.

port the right of public and private institutional, and domestic) em- ganize for collective bargaining their own choosing. We reject the during collective bargaining or any ment. We likewise reject the per- er who engages in a lawful strike.

has the right to a job at a living cannot or does not provide jobs for is the responsibility of government such jobs. We support social cal and mental safety of workers, division of products and services, ing freedom in the way individuals

leisure provides for creative contri- age methods that allow workers time. We support educational, cul- enhance the use of such time. We be-

Music Ministries



Top 10 Reasons to Join the Choir!

10. *You're running out of clothes and the choir robes save on laundry.*
9. *You've just been selected for jury duty and want to get used to sitting with a group of people.*
8. *Your church is so full you want to ensure that you always have a seat.*
7. *The collection plate never gets passed to the choir.*
6. *There's a clock in the back of the sanctuary and you want to be the first to know when it's 12:00.*
5. *The preacher is new and you want to be close by in case he says something heretical.*
4. *For years you've wanted to know who sits in the back row but were always afraid to turn around.*
3. *You've been known to nod off during the service and don't want the preacher to catch you.*
2. *If you think your singing in the shower sounds good, just wait until you've been singing with us for awhile.*
1. *Your favorite movie is Sister Act!*

Interested?

Simply show-up for rehearsal!
For more information, contact
Jennifer Harrenstein,
Director of Music Ministries at
jharrenstein@fvumc.org or

Felicia Wermke,
Associate Director of
Music Ministries at
fwermke@fvumc.org
or 552-4331.



Choral Opportunities at FVUMC

Enjoy singing? Looking for a place to plug in at FVUMC? Previous experience is NOT required to participate in these choral ensembles...

The Praise Choir

works alongside the Praise Team to provide music for the 9:30 AM contemporary worship service. This group is open to ALL - no audition or previous experience required! The Praise Choir sings contemporary music with a live band. Additionally, the group participates in cantatas, retreats and fellowship events throughout the year. Rehearsals are Thursdays, 7:00-8:30 PM in the choir room, and new members are welcome anytime!

The Worship Choir

is open to ALL adults and youth who desire to lift praises to the King! The Worship Choir sings regularly for the 10:50 am worship service and rehearses on Wednesdays, 7:00 - 8:30 PM. New members are welcome at any time, and previous experience is not required! In addition to leading worship on Sunday mornings, the Worship Choir participates in special activities throughout the year, including cantatas, choir retreats and fellowship gatherings. *Childcare is provided during all rehearsals.*

Christmas Cantata

It's only August, right? In the music world, that means time to start thinking about the Christmas Cantata! Think you might like to join this year's cantata choir? Stop by the choir room or the church office to pick up a *Cantata Sampler CD*—preview some of the music we'll be learning to see if this might be the area of ministry for you. Rehearsal schedule information is included with the preview CD. ALL ARE WELCOME to sing in the cantata choir, even if you don't regularly participate in the music ministries—check it out today!

Why Sing with FVUMC Choir?

When my family asked what I wanted for Mother's Day in 2009, I told them I wanted to go to church. When they asked where, I said somewhere where they like to sing. We ended up at the 9:30 service at FVUMC and it was music to our ears and the answer to our prayers. I fondly remember my church youth group caroling at the airport during the holidays when I was in high school and touring across the Southeast when I was in college performing at area churches. Something was definitely missing from my life and being a member of FVUMC and its music ministries has definitely filled that void. I am thankful that I have been given the opportunity to do something that I enjoy, as well as meeting and getting to know other members in the church family. I look forward to what the upcoming choir season has in store for me and my family. -Arlene DeCotis

Singing in the Worship Choir and with various ensembles means more to me than words can explain. I really enjoy singing and it's one thing I can do to contribute to the worship service and I think the congregation appreciates and enjoys our commitment each week. Singing in the choir has been a big part of my life for a number of years. I look forward to the weekly choir practices and singing on Sunday mornings. It is very much a big part of who I am and I hope I can do this for many more years. I think God is using my voice and commitment to spread his word through our beautiful music each Sunday. -Jimmy Seate

Our Life In Community



Kevin Dillard and family, Terri Courtney and family, Tanya Page and family, Brian Dershem and family, Annette Ragan and family, Fran Applegarth, Chip Love, Tom Myatt, Ginger Jones, Alice Schmelzer, Rex Tracy, Shirley Baker, André Carson, Venie Weather, Dub Hornsby, Shirley Hicks, Maxine Senter, Bill Colagiovanni, Virginia Jones, Vickie Cardin, Kevin & Debbi Braswell, Diane Rubin, Henry Hanmann, Carole Nanzetta, Phil McCray, John & Beth Silveira, Dorothy Herring, PJ Ramsey, Clay King, Ellen Tinsley

Raleigh District Lay Speaker Training Course



§ Basic Course for Lay Speakers - Saturday, October 1

Saturday, October 1, 8:00 a.m. until 4:00 p.m.,
at Westover UMC, 300 Powell Drive, Raleigh, 27606.
Registration will begin and breakfast will be available at
7:30am Registration fee \$10, will include meals.

Each participant should be approved by the senior pastor and
the Charge Conference prior to attending.

[See § 267 in The Book of Discipline, also printed on registra-
tion form.]

For more information on the basic course, please contact
Rev. Linda Harris at leeharris@nccumc.org.

§ Advanced Course for Lay Speakers - Saturday, October 1

Saturday, October 1, 8:00 a.m. until 4:00 p.m.,
at Westover UMC, 300 Powell Drive, Raleigh, 27606.
Registration will begin and breakfast will be available at
7:30am Registration fee \$10, will include meals.

For more information on the advance course,
please contact
Stephanie Wright Houze at stepwright7@yahoo.com.

*Pre-registration required for both courses and must be
postmarked by September 19th.*

Become a Member

*A community of love and togetherness,
The garden family welcomes you!*

For more information,
contact Joy Brown at 557-5954 or ad-
min@covenantcommunitygarden.org



Stephen Minister Logo



The Stephen Ministry logo is intended to convey what Stephen Ministry is all about. The logo consists of a cross and circle Together with a broken person and a whole person. The logo's most dominant feature is the cross of Jesus. It reminds us that Christ is at the center of Stephen Ministry and all Stephen Ministry relationships.

The broken person behind the cross symbolizes the brokenness in our lives, a person in need of healing, a person in need of Christ's love and care. The whole person, a person who has received the love and care of Jesus, stands in front of the cross because it is only through the cross of Jesus that we are made whole. The circle symbolizes both the wholeness we receive through Christ's and God's unending love for us. Their love surrounds us, holds us, and heals us, with the cross of Jesus at the center of that love.

The Stephen Ministry logo tells the story of a care receiver's journey from brokenness to wholeness through the transforming power of the cross of Jesus. It serves as a simple reminder that it is not the Stephen Minister who restores a person to wholeness. Rather, it is only through the cross of Jesus that a person can be made whole.

Stephen Leaders:

Susanne Young 552-7503 Polly Sheets 552-5035
Bob Sorrels 552-0505 Thearon Willis 820-1845



An informational meeting is scheduled for September 22 at 6:30pm Room 117. For further information, please contact David Jenkins at (919) 810-9975 or David_Jenkins@NCSU.edu or Jim Dewey at (919) 577-0197 or jdeweyrs@aol.com.



A Service of Remembrance & Hope

Sunday, 9/11/11
4:00pm

at First UMC of Fuquay-Varina
402 North Main Street

*A service of prayer, scripture and song.
Land of the Free, a patriotic cantata will be presented.*

Book Club Reads

September 16

The Art of Racing in the Rain

by Garth Stein

October 21

*Twelve by Twelve: A One-Room Cabin
Off the Grid and Beyond the American Dream*

by William Powers

We meet on the 3rd Friday of the month (except Dec & July) in various homes for a potluck dinner and the book discussion.

As disciples of Jesus, we strive toward a faith that is evident in all that we do. How we conduct ourselves every day is a witness to Christ's presence in our lives.

We welcome all men and women who enjoy reading and discussing books to join us as we explore the human experience through a variety of genres and themes in ways that enable us to challenge and strengthen our faith in both knowledge and deeds.

Non-church members are always welcome; feel free to invite a fellow book lover to come along with you.

For more information, contact Suzanne Jones (dsjones@nc.rr.com) or Matilda Storm (matildastorm@embarqmail.com).



Prime Timers

Tuesday, September 27th

Tour of the company- Larry's Beans.
This is a coffee roaster in Raleigh.

Upcoming Events:

Trip to Northwood Temple Dinner Theatre, speaker in October & trip to Rockettes show for November.
Call Debbie Corr 557-7437 to sign-up & transportation needs!



Safe Sanctuary Training

Have you been safe sanctuary trained? Where you one of the first people to be trained?

If you need to be trained or were one of the first people to have training, we will have training on Sunday September 11th following both the 9:30 and 10:50 services.

Training will be held in the conference room on Adult wing. Please contact Denise Frie at (919)285-6192 or niesee73@aol.com if you have any questions.



Divorce Hurts.

Find Help at DivorceCare.

DivorceCare is a special weekly seminar and support group for people who are separated or divorced. It's a place where you can be around people who understand what you are feeling. It's a place where you can hear valuable information about ways to heal from the hurt of divorce.

There is a DivorceCare group meeting every Monday evening at 7:00pm in room 127. You can join the group at any time.

Visit the FVUMC website for more information or contact Thearon Willis at

thearonwillis@nc.rr.com

DIVORCE *Care*

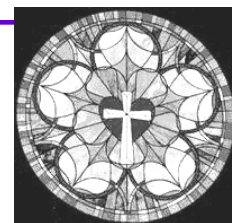
Interested in becoming a member of Fuquay-Varina UMC?

Come join Connectings! Classes begin on September 11 at 4:30 in Room 117. Childcare is available! Participants will join our church on October 23rd.

Share in fellowship with others as you discover~

- + History of the United Methodist Church and church FVUMC
- + Vision Statement: *A Christ centered community that loves God, learns God, serves God, and shares God.*
- + Membership Vows: *To faithfully participated in the ministries of the church by our prayers, our presence, our gifts, our service, and our witness that in everything God may be glorified through Jesus Christ.*
- + Spiritual Gifts Inventory: find out what yours are!

Contact Debbi DeMaris at ddemaris@fvumc.org or 552-4331 ext 106 to sign up today!





The Wellspring

Fuquay-Varina United Methodist Church

Love God. Learn God. Serve God. Share God.

919-552-4331

www.FVUMC.org

100 South Judd Parkway SE

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UPCOMING EVENTS

Additional information inside this Newsletter Edition!

September

UMW: Circle of Faith	9/6
Kidz NPraise Begins	9/7
Youth Bells & Choir Begins	9/7
Youth Retreat @ Camp Rockfish	9/9-9/11
John Ed Mathison Session	9/10
Safe Sanctuaries Training	9/11
A Service of Remembrance & Hope	9/11
Connectings Class Begins	9/11
KFC Begins	9/11
Faith Weaver Friends Begins	9/11
Life Groups Begin	9/14
Book Club Dinner	9/16
Main Street Kitchen	9/17
Youth Cook-Out at Pastor Al's	9/18
Columbarium Memorial Meeting	9/22
3rd Grade Bible Presentation	9/25
Women's Fall Retreat	9/29-10/1
3rd Grade Bible Retreat	9/30-10/1

October

State Fair Begins	10/13
Main Street Kitchen	10/15
Book Club Dinner	10/21
Connectings join	10/23
Fair Trade Store	10/28-29
Trunk 'n Treat	10/29

Looking Ahead:

<i>Charge Conference</i>	11/21
<i>Youth Pilgrimage</i>	11/11-13
<i>Acts 1:8 Celebration (2012)</i>	4/20-22

Newsletter:

newsletter@fvumc.org
**Articles due by the
15th of the each month**

Bulletin :

bulletin@fvumc.org
**Notices are due
Tuesdays at noon**